



StAMBROSE  
UNIVERSITY



## YOUR EXERCISE SCIENCE CAREER STARTS HERE.

### STATE-OF-THE-ART

Explore 80,000 square feet equipped with exercise physiology and biomechanics laboratories, classrooms, research-quality equipment, and a group exercise room.

### HANDS-ON LEARNING

Receive an unmatched, real-world experience through participation in patient cases, and scholarly clubs and activities.

### JOB GROWTH

9% Projected job growth for Exercise Science Careers

*(From 2021-2031 U.S. Bureau of Labor and Statistics)*

### INCOME

\$47,900+ First-year median income for SAU graduate students in exercise science professions.

*(College Scorecard)*

### GO BEYOND

Experience hands-on learning through internships, study abroad programs, cross-discipline activities with other Health Sciences majors, and our Peace Corps Prep program.

### ADVANCED OPPORTUNITIES

Participate in a curriculum that sets a solid foundation for advanced/accelerated degrees in Physical Therapy, Occupational Therapy, Exercise Physiology, and Physician Assistant Studies

### MAJORS

Explore our other kinesiology programs:

- Sport Management
- Human Performance and Fitness

### PATHWAYS

Many of our graduates continue to pursue a flexible continued education in:

- Master of Science in Exercise Physiology
- Master of Physician Studies
- Doctor of Occupational Therapy
- Doctor of Physical Therapy
- Master of Organizational Leadership
- Master of Business Administration

# SEE YOURSELF AT ST. AMBROSE.



## ADAPTIVE

- Invested over \$110 million in building and technology infrastructure in the last decade.
- \$13 million renovation for the Higgins Hall for Innovation and Human-Centered Design to transform the second-oldest building on campus into a state-of-the-art learning facility.



## AFFORDABLE

- Multiple microcredentials to increase sector-specific skills and career advancement opportunities.
- 4+ Accelerated Bachelor programs.



## ACTIVE

- 60+ undergraduate programs, 11 master's programs, 3 doctoral programs, and 10+ programs with specialized accreditation.
- 90% of our faculty have terminal degrees in their field.



## ACCESSIBLE

- With an average class size of 15, we are a teaching university where student success equals faculty success.
- Flexible class options: Evening, weekend, online, and hybrid.



## ANCHORED

- An education rooted in values to prepare ethical decision-making leaders.
- Ambrosians donate over 100,000 service hours annually on and off campus.

## OUR GRADUATES GO PLACES.

TRINITY REGIONAL HEALTH SYSTEM  
ARMY WELLNESS CENTER  
ALLIANCE REHAB  
ILLINI RESTORATIVE CARE  
ROCK VALLEY PHYSICAL THERAPY, AND MANY MORE.