

## CURRICULUM VITAE

Dana Dailey, PT, PhD  
St. Ambrose University  
Physical Therapy Department  
518 W. Locust Street  
Davenport, Iowa 52803  
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### Education:

University of Iowa  
Iowa City, Iowa  
Physical Therapy and Rehabilitation Science  
May 2013

University of St. Francis  
Joliet, Illinois  
Healthcare Administration  
May 1993

Northern Illinois University  
DeKalb, Illinois  
Physical Therapy  
May 1986

Northern Illinois University  
DeKalb, Illinois  
Psychology  
May 1984

### Licensure Information:

State of Illinois 070.004977  
State of Iowa 1487

### Certifications:

2015 Graston Technique Certification  
2011 APTA Advanced Clinical Instructor Certification  
2009 APTA Clinical Instructor Certification  
2008 American Back School Ergonomic Certification  
1997 Lymphedema Certification, Leduc Method

### Employment and Positions Held:

**Academic**  
Physical Therapy Department  
Assistant Professor

St. Ambrose University  
Davenport, Iowa July 2018 to present

Physical Therapy Department  
Visiting Assistant Professor  
St. Ambrose University  
Davenport, Iowa July 2017 to June 2018

Adjunct Faculty  
Physical Therapy and Rehabilitation Science  
University of Iowa  
Iowa City, Iowa  
August 2010 to present

### **Professional/Non-Academic**

Assistant Research Scientist, Project Coordinator for Fibromyalgia Activity Study with  
TENS and Bundle for Exercises and TENS  
Part Time Status  
University of Iowa  
Iowa City, Iowa  
2013-present

Lead Case Developer, University of Iowa Consortium of Excellence in Pain Education  
Part Time Status  
University of Iowa  
Iowa City, Iowa  
2015-present

Graduate Research Assistant  
Part Time Status  
University of Iowa  
Iowa City, Iowa  
2009-May 2013

Physical Therapist, Genesis Outpatient Rehabilitation, Moline, IL  
Per Diem Status 2017 to present  
Physical Therapist Part Time Status 2012-2017  
Supervisor (Bettendorf, Iowa and Moline, Illinois) Full Time Status 1994-2012  
Physical Therapist Full Time Status 1992-1994

Consulting Physical Therapist  
Per Diem Status  
Mississippi Bend AEA  
Bettendorf, Iowa  
1992-1995

Assistant Director  
Full Time Status  
Rehabilitation Services  
St. Luke's Hospital

Davenport, Iowa  
1988-1992

Physical Therapist  
Full Time Status  
St. Mary's Hospital  
Streator, Illinois  
1986-1988

Peer Reviewed Publications:

Vance CG, Chimenti RL, Dailey DL, Hadlandsmyth K, Zimmerman MB, Geasland KM, Williams JM, Merriwether EN, Munters LA, Rakel BA, Crofford LJ, Sluka KA. Development of a method to maximize the transcutaneous electrical nerve stimulation intensity in women with fibromyalgia. J Pain Res. 2018

Merriwether EN, Frey-Law LA, Rakel BA, Zimmerman MB, Dailey DL, Vance CGT, Golchha M, Geasland KM, Chimenti R, Crofford LJ, Sluka KA. Physical activity is related to function and fatigue but not pain in women with fibromyalgia: baseline analyses from the Fibromyalgia Activity Study with TENS (FAST). Arthritis Res Ther. 2018

Resende L, Merriwether E, Rampazo EP, Dailey D, Embree J, Deberg J, Liebano RE, Sluka KA: Meta-analysis of transcutaneous electrical nerve stimulation for relief of spinal pain. European Journal of Pain (London, England) 2018.

Dailey D, Williams J, Rakel B, Vance CG, Chimenti R, Golchha M, Geasland K, Zimmerman M, Sluka K, Crofford L. Differences in Pain, Fatigue, Sleep Disturbance, and Activity in Women with Fibromyalgia Receiving Opioids and Non-opioids for Pain Control. International Association for the Study of Pain, September 2018, Boston MA. [Abstract, Poster].

Vance CG, Chimenti R, Merriwether E, , Zimmerman M, Geasland K, Bolen K, Carradus C, Ferrer A., Garmager A., Gilbertson S, Schrader C, Struck M, Sullivan A, Crofford L, Sluka ,. Perceived Sleep Quality, Pain, Function, Fatigue and Anxiety in Women with Fibromyalgia Compared to Age and Body Mass Index Matched Healthy Controls. International Association for the Study of Pain, September 2018, Boston MA. [Abstract, Poster].

Rakel B, Dailey D, Vance C, Gilbertson-White S, Hightower M, Abernathy G, Herr K, Sluka K Development of an Electronic Prescription bundle of Non-Pharmacological Strategies for Chronic Musculoskeletal Pain. International Association for the Study of Pain, September 2018, Boston MA. [Abstract, Poster].

Merriwether E, Frey-Law L, Nakad L, Dailey D, Vance C, Chimenti R, Rakel B, Zimmerman M., Golchha M, Geasland K, Crofford L, Sluka K. The Contribution of Obesity to Pain, Physical Activity and Function in Women with and Without Fibromyalgia: Baseline Analyses from the Fibromyalgia Activity Study with TENS (FAST). International Association for the Study of Pain, September 2018, Boston MA. [Abstract, Poster].

Merriwether E, Frey-Law L, Rakel B, Zimmerman M, Dailey D, Vance C, Geasland K, Golchha M, Chimenti R, Crofford L, Sluka K. Physical Activity is Related to Function and Fatigue but Not Pain in Women with Fibromyalgia: Baseline Analyses from the Fibromyalgia Activity Study with TENS (FAST). International Association for the Study of Pain, September 2018, Boston MA. [Abstract, Poster].

Hadlandsmyth K, Rakel BA, Zimmerman MB, Dailey DL, Vance CG, Merriwether MN, Chimenti R, Geasland KM, Crofford LJ, Sluka KA. Somatic symptom presentations in women with fibromyalgia are differentially associated with elevated depression and anxiety. J Health Psychol 2017. (In Press).

Merriwether EN, Rakel BA, Zimmerman MB, Dailey DL, Vance CG, Darghosian L, Golchha M, Geasland KM, Chimenti R, Crofford LJ, Sluka KA. Reliability and Construct Validity of the Patient-Reported Outcomes Measurement Information System (PROMIS) Instruments in Women with Fibromyalgia. Pain Med. 2016 Aug 24. pii: pnw187. [Epub ahead of print]. PMID: 27561310

Dailey DL, Frey Law LA, Vance CG, Rakel BA, Merriwether EN, Darghosian L, Golchha M, Geasland KM, Spitz R, Crofford LJ, Sluka KA. Perceived function and physical performance are associated with pain and fatigue in women with fibromyalgia. Arthritis Res Ther. 2016 Mar 16; 18:68.

Bareiss S and Dailey DL (2016). Chapter 23: Pain Associated with Central Nervous System Disorders: Central Neuropathic Pain. Mechanisms and Management of Pain for the Physical Therapist. (K. Sluka Ed. Second Edition ed.): Wolters Kluwer.

Vance CG, Rakel BA, Dailey DL, Sluka KA. Skin impedance is not a factor in transcutaneous electrical nerve stimulation effectiveness. J Pain Res. 2015 Aug 19;8;571-580.

Dailey DL, Rakel BA, Vance CG, Geasland KM, Zimmerman MB, Darghosian L, Crofford LJ, Sluka KA. Higher number of body diagram areas predicts higher disease impact in women with fibromyalgia. APTA Section on Research Retreat July 2015, Bryant University, Smithfield RI [Abstract, Poster].

Noehren B, Dailey DL\*, Rakel BA, Vance CG, Zimmerman MB, Crofford LJ, Sluka KA. Effect of Transcutaneous Electrical Nerve Stimulation on Pain, Function and Quality of Life in Fibromyalgia: A Randomized Clinical Trial. Phys Ther. 2014 Sep 11 [Epub ahead of print]. \*Co-First Author.

Dailey DL, Keffala VJ, Sluka KA. Do cognitive and physical fatigue tasks enhance pain, cognitive fatigue and physical fatigue in people with fibromyalgia? Arthritis Care Research 2015 Jan; 95(1):129040.

Vance CG, Dailey DL, Rakel BA, Sluka KA. Using TENS for pain control: the state of the evidence. Pain Management. 2014 May, 4(3): 197-209.

Dailey, DL, Rakel BA, Vance CG, Liebano RE, Amrit AS, Bush HM, Lee KS, L JE, Sluka KA. (2013). Transcutaneous electrical nerve stimulation reduces pain, fatigue and hyperalgesia while restoring central inhibition in primary fibromyalgia. Pain. 2013 Nov; 154(11):2554-62.

Dailey, DL, CG Vance, BA Rakel, SE Goldman, B Malow, LJ Crofford, K A Sluka (2014) Relationship Between Pain, Fatigue, Sleep, Disease Severity and Function in Women With Fibromyalgia [Abstract, Poster].

Dailey DL, AL Steele and KA Sluka (2014) Body Diagram Prediction of Pain and Quality of Life in People with Fibromyalgia. [Abstract, Poster]

Dailey, DL, Cooper N, Frey-Law L, Sluka KA (2013). Predictors of Reduced Function and Quality of Life in Individuals with Fibromyalgia and Healthy Subjects. APTA CSM 2014 [Abstract, Poster]

Dailey, DL, VJ Keffala, BA Rakel and Sluka KA (2012). Pain, Cognitive Fatigue, Physical Fatigue and Dual Fatigue Task in Individuals with Fibromyalgia and Healthy Controls [Abstract, Poster]

Lee, JE, DL Dailey, R Liebano, BA Rakel and KA Sluka (2012). The effectiveness of TENS for head and neck cancer pain and function: a randomized and placebo controlled double blind pilot study. Journal of Pain 13 (4), 63. [Abstract]

Dailey, DL, CGT Vance, RE Liebano, AS Anand, JE Lee, BA Rakel, KA Sluka. (2012) Transcutaneous Electrical Nerve Stimulation (TENS) Reduces and improves function in people with Fibromyalgia Journal of Pain, 12(4), 23. [Abstract].

Dailey, DL, CGT Vance, RE Liebano, AS Anand, JE Lee, BA Rakel, KA Sluka. (2011) Fatigue and Fibromyalgia: Journal of Pain, 12(4), 23. [Abstract]

Lee, JE, DL Dailey, R Liebano, BA Rakel and KA Sluka (2011). Psychological distress and fatigue influence pain and function in fibromyalgia patients. Journal of Pain, 12(4), 81. [Abstract]

#### Peer Reviewed Scientific and Professional Presentations:

##### **Research Presentations**

APTA CSM Lecture: Pain Education and Future of Pain Management from Pre-Conference Course: Keep Calm and Treat Pain – from research to clinical practice. February 2018, New Orleans, Louisiana.

APTA CSM Lecture: Over the Counter TENS: The Good, the Bad and the Ugly: A Comparative Guideline for PTs February 2016, Anaheim, California

APTA CSM Lecture: TENS - Evidence Based Practice in Physical Therapy February 2015, Indianapolis, Indiana

APTA CSM Platform Session:  
February 2013, Las Vegas, Nevada

APTA CSM Lecture: Chronic Pain Myths, Mechanisms and Management  
February 2012, Chicago, Illinois

SE District IPTA Lecture: PT Evaluation in Chronic Pain  
March 2012, Kirkwood College

Physical Therapy and Benefits of TENS  
December 2011, Center for Medicaid and Medicare Services, Baltimore, MD

### **Professional Presentations**

National Institute of Health Centers of Excellence in Pain Education, University of Iowa  
Pain Education Interactive Modules:

- 2016: Mr. Lane, Acute injury Farm Accident with Chronic Pain
  - 2017: Betty Miller: Older Female with Right Shoulder Pain
  - 2017: Donald Williams: Older Adult Right Total Knee Arthroplasty
  - 2018: Margaret Andersen: An Older Adult with Limited Communication
- [https://painconsortium.nih.gov/Funding\\_Research/CoEPes](https://painconsortium.nih.gov/Funding_Research/CoEPes)

Lecture: Fibromyalgia and Myofascial Pain Lecture  
PhD and DPT Pain Mechanism Class  
Fall 2010, Spring 2012, 2014 to present, University of Iowa

Lecture: Case Presentation DPT Differential Diagnosis Class  
Spring 2010, 2011, 2012, 2013, 2015, 2017 University of Iowa

Assist in DPT Research Project and Poster  
Spring 2011: Psychosocial Aspects of Pain in Fibromyalgia  
Spring 2014: Impact of Sleep and Activity on Quality of Life Measures in Women with Fibromyalgia  
Spring 2015: Actigraph Validity and Reliability Study  
Fall 2016-Spring 2017: Overcoming Tolerance to TENS  
Fall 2017-Spring 2018: DPT Research Project: Sleep and Fatigue in Women with Fibromyalgia

Funded/In Review Grant Activity:  
Over The Counter TENS  
Carver College of Medicine, University of Iowa  
October 1, 2015 – February 28, 2016  
Co-PI

Transcutaneous Electrical Nerve Stimulation (TENS) and Fibromyalgia  
Orthopedic Section of the American Physical Therapy Association  
April 15, 2009 – April 15, 2012

Current/Active Research Activity:  
Development of an Electronic Prescription Bundle of Non-Pharmacological Strategies for Chronic Musculoskeletal Pain. (BEsT)  
University of Iowa  
May 2017 to May 2019  
Funding: American Pain Society/Pfizer

University of Iowa Consortium of Excellence in Pain Education (COEPE)  
August 2015 to Present  
Funding: National Institute of Health Consortium of Excellence in Pain Education

Fibromyalgia Activity Study with TENS (FAST)  
University of Iowa  
July 2013 to Present  
Funding: National Institute of Health National Institute of Arthritis and Musculoskeletal and Skin Diseases

Membership in Scientific/Professional Organizations:

American Physical Therapy Association (APTA) 1984 to Present  
    Orthopedic Section 1984 to Present  
    Women's Health Section 2008 to Present  
    Research Section 2017 to present  
    Pain Management Special Interest Group 2006 to Present  
        Research Coordinator, 2017-2020  
        President, 2014-2017  
American Pain Society 2007 to Present  
International Association for the Study of Pain 2007 to Present

Consultative and Advisory Positions Held:

Consultant  
Advances in TENS Advisory Board  
BAYER  
October 2015 to February 2016  
Bayer

Consultant  
Physical Therapy and Benefits of TENS  
Center for Medicaid and Medicare Services, Baltimore, MD  
December 2011  
DJO Global

Community Service:

Volunteer Reader  
Augustana Public Radio Information Service (APRIS)  
2005 to 2008, 2017 to Present

Volunteer  
Arthritis Foundation of the Quad Cities  
1993 to 2003

Services to the University/College/School on Committees/Councils/Commissions:

Department  
    Member Curriculum Committee July 2017 to Present  
    Interprofessional Healthcare Clinic, Supervisor, September 2018-present

College

    Interview Committee for Occupational Therapy Department November 2018  
    Abstract Reader for Institute for Person-Center Care Conference March - May 2018

University

Center for Teaching Excellence Advisory Board October 2018 to present

Continuing Education Attended (Last 5 Years):

Evidence Based Practice – March 2018

Combined Sections Meeting, February 2018 – 18 hours

Keep Calm and Treat Pain, February 2018 Preconference CSM 14 hours

Combined Sections Meeting, February 2017 - 18 hours

Faculty Development Workshop, July 2017 - 21.5 hours

Habit Formation: Infusing Reflection from Entry Level through Residency, February 2017 – 16 hours

Combined Sections Meeting, February 2016 - 18 hours

Graston M2 Advanced Training and Certification, December 2015 - 14 hours

Piecing Together the Pain Puzzle, The Biopsychosocial Model, July 2015 - 28 hours

Combined Sections Meeting, February 2015 - 18 hours

Flipped Classroom Preconference CSM February 2015 14 hours

American Pain Society Annual Meeting 2015 -18 hours

Combined Sections Meeting, February 2014 - 18 hours

Combined Sections Meeting, February 2013 - 18 hours

International Association for the Study of Pain World Congress, October 2014 – 18 hours

Graston M1 Beginner Training, 2013, 12 hours

Current Teaching Responsibilities in the Entry-Level Physical Therapy Program

**St. Ambrose University**

Fall Year 1	DPT 560 – PT Procedures I, Therapeutic Exercise Module Module Coordinator
	DPT 531 – Functional Anatomy Course Coordinator
Spring Year 1	DPT 540 Neuroanatomy and Neurophysiology Guest Lecturer
	DPT 570 Physical Agents Guest Lecturer
Summer Year 1	DPT 800 – Applied Anatomy and Physiology Course Coordinator
Spring Year 2	DPT 760 - PT Procedures II Course Coordinator
	DPT 660 – Professional Practice and Healthcare Systems Course Coordinator



Spring Year 1, 2 and 3

DPT 835 Portfolio Project  
Course Coordinator