

**CURRICULUM VITAE**

**Oct 19, 2018**

**Katherine E. Lampe, PT, DPT, CWS, FACCWS**

Assistant Professor  
Physical Therapy Department  
St. Ambrose University  
518 W. Locust St.  
Davenport, IA 52803  
(563) 333-6415

**Education:**

St. Ambrose University, 2004-2011  
Davenport, Iowa  
Doctor of Physical Therapy

University of Iowa, 1985-1987  
Iowa City, Iowa  
Master of Physical Therapy

Loras College, 1981-1985  
Dubuque, Iowa  
General Science, BS

**Licensure Information/Registration Number:**

Iowa Physical Therapy License #1443, Biannual Renewal

**Certifications:**

Certified Wound Specialist, American Academy of Wound Management, 1998-present; Recertified Oct 2017 for 10 years

Fellow in American College of Certified Wound Specialists, 2005-present

**Employment and Positions Held:**

Assistant Professor, Physical Therapy Department  
St. Ambrose University (SAU), Davenport, IA  
7/94 to present

Part-time Staff Physical Therapist  
Mercy Rehabilitation, Bellevue and Dubuque, IA  
1996-Present

On-call Staff Physical Therapist, 1994-2000  
Jackson County Hospital, Maquoketa, IA

On-call Staff Physical Therapist, 1994-1996  
Comprehensive Rehab, Dubuque IA

On-call Staff Physical Therapist, 1992-1995  
St. Luke's Hospital, Cedar Rapids, IA

Staff Physical Therapist, 1992-1995  
Pinnacle Rehabilitation, Cedar Rapids, IA

Lecturer at Physical Therapy Graduate Program, 7/92-6/94  
University of Iowa, Iowa City, IA

Staff Development/Center Coordinator of Clinical Education Clinical, 1990-1992  
St. Luke's Methodist Hospital, Cedar Rapids, IA

Volunteer clinical faculty member at the following universities, 8/90-7/92: University of Kentucky, Lexington, KY; University of Nebraska, Omaha, NE; University of Wisconsin, Madison, WI

Clinical Specialist/Physical Therapist on General Medical/Surgical Service, 1989-1990  
St. Luke's Methodist Hospital, Cedar Rapids, IA

Staff Physical Therapist, 1987-1989  
St. Luke's Methodist Hospital, Cedar Rapids, IA

**Peer Reviewed Publications:**

Farrell K and Lampe K. Patient Outcomes with and without Implementation of a Neck Pain Classification System: Preliminary Analysis. *Orthopedic Physical Therapy Practice*. Vol. 30, No. 2, 2018.

Farrell K and Lampe K. Addressing neurodynamic irritability in a patient with adhesive capsulitis: a case report. *Journal of Manual and Manipulative Therapy*. Sept 2014.

Farrell K and Lampe K. Implementation of a Treatment Based Classification System for Neck Pain: A Pilot Study. *Orthopedic Physical Therapy Practice*. Vol. 23, No. 2, 2011.

Lampe K. General Evaluation. In: Kloth LC, McCulloch JM (ed). *Wound Healing: Alternatives in Management*. 4<sup>th</sup> Ed. FA Davis, Philadelphia, PA, 2011.

Lampe K. Chronic Venous Disease: Examination, Evaluation, and Intervention. *Cardiopulmonary Physical Therapy Journal*, 2004; (15)1:13-22.

Lampe K. Wound Evaluation. In: Kloth LC, McCulloch JM (ed). *Wound Healing: Alternatives in Management*. 3<sup>rd</sup> Ed. FA Davis, Philadelphia, PA (2001).

Lampe K. Obstetrical/gynecological referral patterns to physical therapy. *Women's Health Section Journal*, 1998. (22) 2:6-9.

Lampe K. Electrotherapy: tissue healing and repair. *Hand Therapy Journal*, 1998; (11)2:131-139.

**Peer Reviewed Scientific and Professional Presentations:**

Janota J Ryan K, K Lampe. Management of a Patient with Lipedema Post Water Jet – Assisted Liposuction" APTA Combined Sections Meeting, New Orleans, LA 2018 (Poster Presentation). Abstract published in *Rehabilitation Oncology*. 36(1): E1-E18, January 2018.

Lampe KE, Farrell KP. Adhesive Capsulitis Following Electrical Shock; APTA Combined Sections Meeting, New Orleans, LA 2005 (Poster Presentation). Abstract published in *Journal of Orthopaedic and Sports Physical Therapy*, 2005, 35(1): A61.

Lampe KE, Boileau C, Lotts C, Orfitelli J, Smith D. Retrograde Venous Blood Flow in the Lower Extremities of Weight Lifting and Non-Weightlifting Collage Age Males; APTA Combined Sections Meeting, New Orleans, LA 2005 (Poster Presentation). Abstract published in *Journal of Orthopaedic and Sports Physical Therapy*, 2005, 35(1): A49.

Lampe K, Anderson L, Best A, Cannegieter C, Nedved S. Factors Associated with Persistent Diastasis Rectus in Women. APTA Combined Sections Meeting, Nashville, TN, February 2004 (Poster Presentation). Abstract published in *Journal of Section on Women's Health*, Dec. 2003; 27(3):33.

Lampe K. Occupational Activity during Pregnancy: A Study of Practicing Physical Therapists. Combined Sections Meeting of APTA. February 2003 (Poster Presentation)

Dexter J, Hunsader C, O'Connor S, Sackett C, Lampe KE, Cassady SL. Relationship between Ankle Brachial Index and Function Measured by the Six-Minute Walk Test. IPTA State Meeting, Des Moines, IA March 2001 (Poster Presentation)

Lampe K, Heitzman J, Sussman C, Mueller A, Ballard-Ward K. Wound Management Curricula in Accredited, Entry-Level Physical Therapy Programs. APTA Scientific Meeting and Exposition, Washington DC, June 1999 (Poster Presentation). Abstract published in *Phys Ther*, 1999; 78:544.

Lampe K, Ballard-Ward K, Mueller A, Heitzman J, Sussman C. Wound Management Curricula in Accredited, Entry-Level Physical Therapy Programs. APTA Combined Sections Meeting, Seattle, WA, February 1999 (Poster Presentation).

Anderson A, Flynn S, Lampe K. Manager's Perception of Part-time Female Physical Therapists. APTA Combined Sections Meeting, Seattle, WA, February 1999 (Poster Presentation).

Lampe K, Brandenburg JM, Gray EG, Haveman JS. Utilization and Training of Physical Therapy Aides/Technicians. APTA Scientific Meeting and Exposition, Orlando, FL, June 1998 (Platform Presentation). *Phys Ther*, 1998; 78:584.

Johannsen M, Kendrick M, Lampe K. Obstetrical/Gynecological Referral Patterns to Physical Therapy. APTA Combined Sections Meeting, Boston, MA, February 1998 (Platform Presentation).

Lampe K, Farrell K, Cassady S. Collaborative Efforts in Entry-Level Physical and Occupational Programs. APTA Scientific Meeting and Exposition, San Diego, CA, May 1997 (Poster Presentation). *Phys Ther*, 1997; 77: S12.

**Non-Peer Reviewed Presentations: (last 10 years)**

Light Therapy, Mercy Rehabilitation, Dubuque, IA. April 26, 2018.

Therapeutic Thermotherapy & Cryotherapy, Mercy Rehabilitation, Dubuque, IA, March 1, 2018.

Venous Wound: Evaluation and Treatment, Mercy Rehabilitation, Dyersville, IA. Nov 8, 2017.

Light Therapy. Mercy Rehabilitation, Dubuque, IA. June 22, 2017.

SAU PT Department: Treatment Intervention Potpourri; IPTA SE District meeting, February 23, 2017.

Therapeutic Ultrasound. Mercy Rehabilitation, Dubuque, IA. Oct 26, 2016.

Electrotherapy for Pain and Iontophoresis. Mercy Rehabilitation, Dubuque, IA. Mar 19, 2015.

Electrotherapy for Muscle Dysfunction. Mercy Rehabilitation, Dubuque, IA. Oct. 8, 2014.

Electrotherapy & Wound Healing. Unity Point Health/Trinity. Bettendorf, IA. June 10, 2014.

Therapeutic Ultrasound Updates. Mercy Rehabilitation, Dubuque, IA. Feb 6, 2014.

Using Outcome Measures to Guide the Physical Therapist's Clinical Reasoning Process. Co-presented with St. Ambrose University (SAU) physical therapy faculty at SAU, Sept. 28, 2013.

Physical Therapy Management of Patients with Cardiovascular and Pulmonary Disease. Co- presented with Sandra Cassady and Michael Puthoff; St. Ambrose University, April 4, 2009.

**Funded/In Review Grant Activity:**

Faculty Development Grant \$2,000 (Fall 2008 with Dr. Farrell)

Implementation of a Proposed Treatment Based Classification System for Neck Pain

Title III Grant - \$1000

New technology in MPT 570 Physical Agents, fall 1997

Title III Grant - \$1000

New technology in MPT 610 Topics in Clinical Medicine, fall 1995

**Current/Active Research and Other Scholarly Products:**

Farrell KP and Lampe KE. St Ambrose Residency Students and Patient Outcome. IRB approved June 1, 2015. Manuscript in progress.

Complex Decongestive Therapy and Lipedema: A Case Report. Manuscript in progress

**Membership in Scientific/Professional Organizations:**

American Physical Therapy Association (APTA) member, 1988-present

Iowa Physical Therapy Association (IPTA) member, 1988-present

Past APTA section membership: Geriatric and Women's Health sections.

APTA Special Interest Group member: Wound Management 1998- present.

Past Special Interest Group membership: Osteoporosis and Balance and Falls

Current APTA Sections and Activities/Duties: Education Section: Current member

Academy of Clinical Electrophysiology & Wound Management (ACEWM) Section: Current member

ACEWM Writing Work Group (Wound Management Special Interest Group): Dec 2017-present

Orthopedic Section: Current member

Manuscript Reviewer; Journal of Orthopedics and Sports Physical Therapy (*JOSPT*), 2001-2018.

Book Review for *JOSPT*, Published 2000; 30(6). Infection Control in Home Care, Rhinehart, Friedman, and Gaithersburg, Aspen Publishers.

Book Review for *JOSPT*, Published 2000; 30(1). Travell and Simon's Myofascial Pain and Dysfunction: The trigger point manual, vol. 1, upper half of body, Simons DG, Travell JG, William and Wilkins

Book Review for *JOSPT*, Published 1999; 29(11):692. Exercise Prescription, Shankar K, Hanley & Belfus, Inc.

Book Review for *Cardiopulmonary Physical Therapy Journal*, Published 1998; 9(3):20. Heart to heart: a guide to the psychological aspects of heart disease, Budnik HN, Health Press.

American Academy of Wound Management, 1998-present (recertified Oct 2017 for 10 years)

American College of Certified Wound Specialists, 2005-present (recertified Oct 2017 for 10 years)  
Physical Therapy Exam Question Writer, Federation of State Boards of Physical Therapy, Sept-Dec, 2007

National Strength and Conditioning Association, member, 1999-2001

American Physical Therapy Association (APTA), student member, 1985-1988

**Consultative and Advisory Positions Held:**

Manuscript Reviewer; *Journal of Orthopedics and Sports Physical Therapy*, 2001-2018

Wound and electrical stimulation consultant, Trinity/Unity Point, Bettendorf, April 2014-2016

Manuscript Reviewer; *Advances in Skin and Wound Care*, 2000-2011

Osteoporosis Curricular Content Committee; Osteoporosis Special Interest Group of the Geriatrics Section of the APTA, 1999-2001

Wound Management Special Interest Group Curricular Content Committee (APTA Clinical Electrophysiology Section), 1999-2001

IPTA Education Committee, 1994-1999

Vice-Chair of Southeast (SE) District of IPTA, 1994-1999

SE District of IPTA Advisory Board, 1994-1999

Kirkwood PTA Program Advisory Board, 1994-96

APTA Consultant: *A Guide to Physical Therapist Practice*, Vol. II- Integumentary section, 1995

**Community Service:** Marquette Catholic Schools Supporter 1995-present

- Capital Campaign to raise funds for St. Joseph's Parish center for the church and Marquette Catholic schools. Co-chairs of the fund raising 2016-2018.
- Marquette Catholic Schools Improvement Advisory Committee (SIAC) 2013-present
- Marquette High School Booster Club 2001-1213 (Parent Team Leader, 2004-2005, 2007-2008 and 2009-2010; Co-President with husband 2008-2009)
- Our Church-Our School-Our Future Capital Campaign for St. Joseph's Parish & catholic schools. My husband and I solicited donations from major gift donors in Bellevue area, 2002

- Commitment to the Future Fund Raising Campaign-Marquette/St. Joseph's Schools, Grade Captain with my husband to raise funds for a new education center for our parochial school system, 1996

Member of St. Joseph's Catholic Church in Bellevue, Iowa, 1995-present

- See above for parish center fund raising campaign, 2016-2018
- St. Joseph's Church Handicap Accessibility Committee member, 2004-2006
- St. Joseph's Parish Family Life/Social Concerns Committee member, 1996-2005
- St. Joseph's Church Fall Festival, Co-Chair of Children's Games, 1995-1997

Bellevue Community Club member, 1995- present

Bellevue Public Library Board member, 2005-2010

Bellevue Horseman's Club member, 1995- 2003

Friends of the Bellevue Public Library member, 1995-2005

Assisted the bible school teachers at St. Mary's Church, Iowa City, IA. Assisted my son's teacher and room mother when needed for parties and special events, 1993-94

Joseph's School Booster Club member, 1996-1999

Active member at St. Mary's Catholic Church, Iowa City, Iowa, 1986-94

Collected money for the National Heart Association, 1993

Volunteered at the Mercy Hospital's Festival of Trees, 1993

### **Services to the University/College/School on Committees/Councils/Commissions**

University: Person-Centered Care Interdisciplinary Curricula Development Team, fall 2018 to present

SAU Human Resources Committee, Feb 2017 to present

St. Ambrose University (SAU) new student orientation; STARs/parent panel June, 2016

SAU Wellness Center Campaign, Sub-Chair, 2015-16.

SAU Center for Teaching Excellence New Faculty Mentor, 2014-16.

Academic Support Committee, SAU, fall 2013-2015. Co-Chair 2014-2015.

SAU Accreditation Subcommittee, Criterion #1 (Mission & Integrity), 2005

SAU Center for Teaching Excellence committee member, 2003-2005

Academic Support Committee, SAU, 2000-2003

Council on the Status of Women, SAU, 1996-1998

College: Center for Health Sciences Education Resource Room Advisory Board, spring 2011-present

SAU Nursing faculty search committee, Feb-Apr 2013

Department: Clinical Education Advisory Committee, 2011- present

Curriculum Committee, 2005- present; Chair of Curriculum Committee, spring 2015-spring 2018

Physical Therapy (PT) Department adjunct faculty search committee, May-June 2016

PT Faculty Search Committee, June 2011

Research, Resources & Technology Committee, 1995-2006

Admissions Committee, 1994-2005 and 2010-2011

Co-Chair, Admissions Committee, SAU PT Department, 1995-1998

Co-Chair, Admissions Committee, SAU PT Department, 2000-2002

Chair of Research, Resources & Technology Committee, SAU PT Department, 1998-2002

Accreditation Committee, SAU PT Department, 1994-1995

Curriculum Committee, SAU PT Department, 1994-1995

**Other Service/Committees/Councils/Commissions: University of Iowa Service:**

Continuing Medical Education Department Liaison, University of Iowa, Physical Therapy Graduate Program representative, 1992-94

Masters of Physical Therapy Admissions and Financial Aid Committee & Curriculum and Instruction Committee, PT Graduate Program, University of Iowa, Iowa City, IA, 1992-94

**Honors and Awards:**

2018 Best in Medicine Award from American Health Council

St. Ambrose University Graduate Professor of the Year (GSGA), May 2013

St. Ambrose University Advisory Professor of the Year (GSGA), May 2002

**Continuing Education Attended:**

Rehabilitation for the CrossFit Athlete, IPTA Southeast District Meeting and Continuing Education, St. Ambrose University, Nov 15, 2018

2018 Institute for Person-Centered Care Conference, St. Ambrose University, Davenport, IA, May 31-June 1, 2018

Light Therapy, Mercy Rehabilitation, Dubuque, IA. April 26, 2018.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. April 23, 2018.

Therapeutic Thermotherapy & Cryotherapy, Mercy Rehabilitation, Dubuque, IA, March 1, 2018.

Venous Wound: Evaluation and Treatment, Mercy Rehabilitation, Dyersville, IA. Nov 8, 2017.

Lifestyle Intervention in a Community Setting: What Can We Learn from CHIP? IPTA SE District meeting, Nov 7, 2017

Light Therapy. Mercy Rehabilitation, Dubuque, IA. June 22, 2017

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. April 24, 2017.

SAU PT Department: Treatment Intervention Potpourri; IPTA SE District meeting, 2/23/2017.

Therapeutic Ultrasound. Mercy Rehabilitation, Dubuque, IA. Oct 26, 2016.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. 4/11/2016.

Role of PT in Management of Individuals at Risk for or Diagnosed with Venous Thromboembolism, SAU, 9/24/2015

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. 4/13/2015.

Electrotherapy for Pain and Iontophoresis. Mercy Rehabilitation, Dubuque, IA. Mar 19, 2015.

Electrotherapy for Muscle Dysfunction. Mercy Rehabilitation, Dubuque, IA. Oct. 8, 2014.

Electrotherapy & Wound Healing. Unity Point Health/Trinity. Bettendorf, IA. June 10, 2014.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. 4/14/2014

Policy Challenges & Opportunities for Physical Therapists Post- Health Care Reform, SAU, Davenport, IA. 4/11/2014

Ultrasound Updates, Mercy Rehabilitation, Dubuque, IA, 2/6/2014.

Therapeutic Neuroscience Education for Physical Therapists: Chronic Pain, SAU, Davenport, IA, 10/31/2013.

Using Outcome Measures to Guide the Physical Therapist's Clinical Reasoning Process. SAU, Davenport, IA, 09/28/2013.

Barefoot Running: The Hype and the Science. SE District IPTA Meeting, SAU, Davenport, IA, 9/19/2013.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. 4/15/2013

**Current Teaching Responsibilities in the Entry-Level Physical Therapy Program:**

DPT 520: Pathology and Medical Management I, Guest Lecturer, Summer Semester

DPT 560: Physical Therapy Procedures I, Fall Semester

DPT 570: Physical Agents, Spring Semester

DPT 600: Issues in Patient Care, Fall Semester

DPT 674: Integumentary Therapeutics, Spring Semester

DPT 705: Evidence-Based Practice III, Guest, Lecturer, Fall semester

DPT 710: Evidence-Based Practice IV, Guest, Lecturer, Spring semester

DPT 800: Applied Anatomy & Physiology, Guest Lecturer, Summer Semester

DPT 830: Management of the Medically Complex Patient, Case Advisor, Summer Semester

Evidence Based Practice courses, Faculty advisor

**Misc. Teaching Responsibilities:**

SAU Physician Assistant, yearly guest lecturer on Pressure Ulcers/Injury