

CURRICULUM VITAE

June 21, 2021

Katherine E. Lampe, PT, DPT, CWS, FACCWS

Assistant Professor
Physical Therapy Department
St. Ambrose University
518 W. Locust St.
Davenport, IA 52803
lampekatherine@sau.edu

Education:

St. Ambrose University, 2004-2011
Davenport, Iowa
Doctor of Physical Therapy

University of Iowa, 1985-1987
Iowa City, Iowa
Master of Physical Therapy

Loras College, 1981-1985
Dubuque, Iowa
General Science, BS

Licensure Information/Registration Number:

Iowa Physical Therapy License #1443, Biannual Renewal

Certifications:

Certified Wound Specialist, American Academy of Wound Management, 1998-present

Fellow in American College of Certified Wound Specialists, 2005-present

Employment and Positions Held: Academic

Professor Emeritus, Physical Therapy Department, 7/2020 to present
St. Ambrose University (SAU), Davenport, IA

Assistant Professor, Physical Therapy Department, 7/94 to 2/2020
St. Ambrose University (SAU), Davenport, IA

Lecturer, Physical Therapy Graduate Program, 7/92-6/94
University of Iowa, Iowa City, IA

Staff Development/Center Coordinator of Clinical Education Clinical, 1990-1992
St. Luke's Methodist Hospital, Cedar Rapids, IA

Volunteer clinical faculty member at the following universities, 8/90-7/92: University of Kentucky, Lexington, KY; University of Nebraska, Omaha, NE; University of Wisconsin, Madison, WI

Employment and Positions Held: Professional/Non-Academic

Part-time/prn Staff Physical Therapist, 1996-2018
Mercy Rehabilitation, Bellevue and Dubuque, IA

On-call Staff Physical Therapist, 1994-2000
Jackson County Hospital, Maquoketa, IA

On-call Staff Physical Therapist, 1994-1996
Comprehensive Rehab, Dubuque IA

On-call Staff Physical Therapist, 1992-1995
St. Luke's Hospital, Cedar Rapids, IA

Staff Physical Therapist, 1992-1995
Pinnacle Rehabilitation, Cedar Rapids, IA

Clinical Specialist/Physical Therapist on General Medical/Surgical Service, 1989-1990
St. Luke's Methodist Hospital, Cedar Rapids, IA

Staff Physical Therapist, 1987-1989
St. Luke's Methodist Hospital, Cedar Rapids, IA

Peer Reviewed Publications:

Farrell K and Lampe K. Patient Outcomes with and without Implementation of a Neck Pain Classification System: Preliminary Analysis. *Orthopedic Physical Therapy Practice*. Vol. 30, No. 2, 2018.

Farrell K and Lampe K. Addressing neurodynamic irritability in a patient with adhesive capsulitis: a case report. *Journal of Manual and Manipulative Therapy*. Sept 2014.

Farrell K and Lampe K. Implementation of a Treatment Based Classification System for Neck Pain: A Pilot Study. *Orthopedic Physical Therapy Practice*. Vol. 23, No. 2, 2011.

Lampe K. General Evaluation. In: Kloth LC, McCulloch JM (ed). *Wound Healing: Alternatives in Management*. 4th Ed. FA Davis, Philadelphia, PA, 2011.

Lampe K. Chronic Venous Disease: Examination, Evaluation, and Intervention. *Cardiopulmonary Physical Therapy Journal*, 2004; (15)1:13-22.

Lampe K. Wound Evaluation. In: Kloth LC, McCulloch JM (ed). *Wound Healing: Alternatives in Management*. 3rd Ed. FA Davis, Philadelphia, PA (2001).

Lampe K. Obstetrical/gynecological referral patterns to physical therapy. *Women's Health Section Journal*, 1998. (22) 2:6-9.

Lampe K. Electrotherapy: tissue healing and repair. *Hand Therapy Journal*, 1998; (11)2:131-139.

Peer Reviewed Research and Professional Presentations:

Miller KA, Dailey DL, Lampe K. Older Adult and Caregiver Empathy Simulation with Second Year Doctor of Physical Therapy Students. Virtual APTA Combined Sections Meeting (CSM), Digital Poster Presentation with audio narration. APTA Academy of Education Section. Feb 2021.

Janota J, Ryan K, K Lampe. Management of a Patient with Lipedema Post Water Jet – Assisted Liposuction. APTA Combined Sections Meeting (CSM), New Orleans, LA 2018 (Poster Presentation). Abstract published in *Rehabilitation Oncology*. 36(1): E1-E18, January 2018.

Lampe K, Farrell KP. Adhesive Capsulitis Following Electrical Shock; APTA Combined Sections Meeting, New Orleans, LA 2005 (Poster Presentation). Abstract in *Journal of Orthopaedic and Sports Physical Therapy (JOSPT)*, 2005, 35(1): A61.

Lampe K, Boileau C, Lotts C, Orfitelli J, Smith D. Retrograde Venous Blood Flow in the Lower Extremities of Weight Lifting and Non-Weightlifting College Age Males; APTA CSM Meeting, New Orleans, LA 2005 (Poster Presentation). Abstract in *JOSPT*, 2005, 35(1): A49.

Lampe K, Anderson L, Best A, Cannegieter C, Nedved S. Factors Associated with Persistent Diastasis Rectus in Women. APTA Combined Sections Meeting, Nashville, TN, February 2004 (Poster Presentation). Abstract published in *Journal of Section on Women's Health*, Dec. 2003; 27(3):33.

Lampe K. Occupational Activity during Pregnancy: A Study of Practicing Physical Therapists. Combined Sections Meeting of APTA. February 2003 (Poster Presentation)

Dexter J, Hunsader C, O'Connor S, Sackett C, Lampe K, Cassady SL. Relationship between Ankle Brachial Index and Function Measured by the Six-Minute Walk Test. IPTA State Meeting, Des Moines, IA March 2001 (Poster Presentation)

Lampe K, Heitzman J, Sussman C, Mueller A, Ballard-Ward K. Wound Management Curricula in Accredited, Entry-Level Physical Therapy Programs. APTA Scientific Meeting and Exposition, Washington DC, June 1999 (Poster Presentation). Abstract published in *Phys Ther*, 1999; 78:544.

Lampe K, Ballard-Ward K, Mueller A, Heitzman J, Sussman C. Wound Management Curricula in Accredited, Entry-Level Physical Therapy Programs. APTA Combined Sections Meeting, Seattle, WA, February 1999 (Poster Presentation).

Anderson A, Flynn S, Lampe K. Manager's Perception of Part-time Female Physical Therapists. APTA Combined Sections Meeting, Seattle, WA, February 1999 (Poster Presentation).

Lampe K, Brandenburg JM, Gray EG, Haveman JS. Utilization and Training of Physical Therapy Aides/Technicians. APTA Scientific Meeting and Exposition, Orlando, FL, June 1998 (Platform Presentation). *Phys Ther*, 1998; 78:584.

Johannsen M, Kendrick M, Lampe K. Obstetrical/Gynecological Referral Patterns to Physical Therapy. APTA Combined Sections Meeting, Boston, MA, February 1998 (Platform Presentation).

Lampe K, Farrell K, Cassady S. Collaborative Efforts in Entry-Level Physical and Occupational Programs. APTA Scientific Meeting and Exposition, San Diego, CA, May 1997 (Poster Presentation). *Phys Ther*, 1997; 77: S12.

Non-Peer Reviewed Presentations: (last 5 years)

Light Therapy, Mercy Rehabilitation, Dubuque, IA. April 26, 2018.

Therapeutic Thermotherapy & Cryotherapy, Mercy Rehabilitation, Dubuque, IA, March 1, 2018.

Venous Wound: Evaluation and Treatment, Mercy Rehabilitation, Dyersville, IA. Nov 8, 2017.

Light Therapy. Mercy Rehabilitation, Dubuque, IA. June 22, 2017.

SAU PT Department: Treatment Intervention Potpourri; IPTA SE District meeting, February 23, 2017.

Therapeutic Ultrasound. Mercy Rehabilitation, Dubuque, IA. Oct 26, 2016.

Electrotherapy for Pain and Iontophoresis. Mercy Rehabilitation, Dubuque, IA. Mar 19, 2015.

Electrotherapy for Muscle Dysfunction. Mercy Rehabilitation, Dubuque, IA. Oct. 8, 2014.

Electrotherapy & Wound Healing. Unity Point Health/Trinity. Bettendorf, IA. June 10, 2014.

Therapeutic Ultrasound Updates. Mercy Rehabilitation, Dubuque, IA. Feb 6, 2014.

Using Outcome Measures to Guide the Physical Therapist's Clinical Reasoning Process. Co-presented with St. Ambrose University (SAU) physical therapy faculty at SAU, Sept. 28, 2013.

Funded/In Review Grant Activity:

Lyphout KA, Dailey DL, Lampe KE. The Impact of an Older Adult and Caregiver Empathy Simulation on Second-Year Doctor of Physical Therapy Students. Funding: \$200, Council for an Integrative Learning Environment Grant, St. Ambrose University (2018)

Faculty Development Grant \$2,000; Implementation of a Proposed Treatment Based Classification System for Neck Pain (Fall 2008 with Dr. Farrell)

Title III Grant - \$1000; new technology in MPT 570 Physical Agents, fall 1997

Title III Grant - \$1000; new technology in MPT 610 Topics in Clinical Medicine, fall 1995

Current/Active Research and Other Scholarly Products:

Lyphout KA, Dailey DL, Lampe KE. The Impact of an Older Adult and Caregiver Empathy Simulation on Second-Year Doctor of Physical Therapy Students. Funding: \$200, Council for an Integrative Learning Environment Grant, St. Ambrose University, 2018

Complex Decongestive Therapy and Lipedema: A Case Report. Manuscript in progress

Farrell KP and Lampe KE. St Ambrose Residency Students and Patient Outcome. Manuscript in progress for 2020 submission.

Membership in Scientific/Professional Organizations:

American Physical Therapy Association (APTA) member, 1988-present

Iowa Physical Therapy Association (IPTA) member, 1988-present

APTA Special Interest Group member: Wound Management 1998- present.

Past Special Interest Group membership: Osteoporosis and Balance and Falls

Current APTA Sections: Clinical Electrophysiology and Wound Management, Education Section and Orthopedic Sections

Academy of Clinical Electrophysiology & Wound Management (ACEWM) Section: Current member

ACEWM Writing Work Group (Wound Management Special Interest Group): Dec 2017-present

Orthopedic Section:

Manuscript Reviewer; Journal of Orthopedics and Sports Physical Therapy (*JOSPT*), 2001-2018.

Orthopedic Section, cont.:

Book Review for *JOSPT*, Published 2000; 30(6). Infection Control in Home Care, Rhinehart, Friedman, and Gaithersburg, Aspen Publishers.

Book Review for *JOSPT*, Published 2000; 30(1). Travell and Simon's Myofascial Pain and Dysfunction: The trigger point manual, vol. 1, upper half of body, Simons DG, Travell JG, William and Wilkins

Book Review for *JOSPT*, Published 1999; 29(11):692. Exercise Prescription, Shankar K, Hanley & Belfus, Inc.

Book Review for *Cardiopulmonary Physical Therapy Journal*, Published 1998; 9(3):20. Heart to heart: a guide to the psychological aspects of heart disease, Budnik HN, Health Press.

American Board of Wound Management, 1998-present (recertified Oct 2017 for 10 years)

American College of Certified Wound Specialists, 2005-present (recertified Oct 2017 for 10 years)

Physical Therapy Exam Question Writer, Federation of State Boards of Physical Therapy, Sept-Dec, 2007

National Strength and Conditioning Association, member, 1999-2001

American Physical Therapy Association (APTA), student member, 1985-1988

Consultative and Advisory Positions Held:

Manuscript Reviewer; Journal of Orthopedics and Sports Physical Therapy, 2001-2018

Wound and electrical stimulation consultant, Trinity/Unity Point, Bettendorf, April 2014-2016

Manuscript Reviewer; Advances in Skin and Wound Care, 2000-2011

Osteoporosis Curricular Content Committee; Osteoporosis Special Interest Group of the Geriatrics Section of the APTA, 1999-2001

Wound Management Special Interest Group Curricular Content Committee (APTA Clinical Electrophysiology Section), 1999-2001

IPTA Education Committee, 1994-1999

Vice-Chair of Southeast (SE) District of IPTA, 1994-1999

SE District of IPTA Advisory Board, 1994-1999

Kirkwood PTA Program Advisory Board, 1994-96

APTA Consultant: *A Guide to Physical Therapist Practice*, Vol. II- Integumentary section, 1995

Community Service: Marquette Catholic Schools Supporter 1995-present:

*Capital Campaign to raise funds for St. Joseph's Parish center for the church and Marquette Catholic schools. Co-chairs of the fundraising 2016-2018.

- *Marquette Catholic Schools Improvement Advisory Committee (SIAC) 2013-present
- *Marquette High School Booster Club 2001-1213 (Parent Team Leader, 2004-2005, 2007-2008 and 2009-2010; Co-President with husband 2008-2009)
- *Our Church-Our School-Our Future Capital Campaign for St. Joseph's Parish & catholic schools. My husband and I solicited donations from major gift donors in Bellevue area, 2002
- *Commitment to the Future Fund Raising Campaign-Marquette/St. Joseph's Schools, Grade Captain with my husband to raise funds for a new education center for our parochial school system, 1996

Member of St. Joseph's Catholic Church in Bellevue, Iowa, 1994-present

- See above for parish center fund raising campaign, 2016-2018
- St. Joseph's Church Handicap Accessibility Committee member, 2004-2006
- St. Joseph's Parish Family Life/Social Concerns Committee member, 1996-2005
- St. Joseph's Church Fall Festival, Co-Chair of Children's Games, 1995-1997

Bellevue Community Service:

- Bellevue Community Club member, 1995- present
- Bellevue Public Library Board member, 2005-2010
- Bellevue Horseman's Club member, 1995- 2003
- Friends of the Bellevue Public Library member, 1995-2005
- Assisted the bible school teachers at St. Mary's Church, Iowa City, IA. Assisted my son's teacher and room mother when needed for parties and special events, 1993-94
- Joseph's School Booster Club member, 1996-1999
- Active member at St. Mary's Catholic Church, Iowa City, Iowa, 1986-94
- Collected money for the National Heart Association, 1993
- Volunteered at the Mercy Hospital's Festival of Trees, 1993

Services to University/College/Department

- University:** Person-Centered Care Interdisciplinary Curricula Development Team, fall 2018 to present
- SAU Human Resources Committee, Feb 2017 to May 2020
- St. Ambrose University (SAU) new student orientation; STARs/parent panel June, 2016
- SAU Wellness Center Campaign, Sub-Chair, 2015-16.
- SAU Center for Teaching Excellence New Faculty Mentor, 2014-16.
- Academic Support Committee, SAU, fall 2013-2015. Co-Chair 2014-2015.
- SAU Accreditation Subcommittee, Criterion #1 (Mission & Integrity), 2005
- SAU Center for Teaching Excellence committee member, 2003-2005
- Academic Support Committee, SAU, 2000-2003
- Council on the Status of Women, SAU, 1996-1998

College: Center for Health Sciences Education Resource Room Advisory Board, spring 2011-2020

- SAU Nursing faculty search committee, Feb-Apr 2013
- Physician Assistant Program: pressure injury guest lecturer, 2015-present

Department: Clinical Education Advisory Committee, 2011- present

- Curriculum Committee, 1994-1995 and 2005-present; Chair of Committee, 2015-2018
- Physical Therapy (PT) Department adjunct faculty search committee, May-June 2016
- PT Faculty Search Committee, June 2011
- Research, Resources & Technology Committee, 1995-2006
- Admissions Committee, 1994-2005 and 2010-2011
- Co-Chair, Admissions Committee, SAU PT Department, 1995-1998 and 2000-2002
- Chair of Research, Resources & Technology Committee, SAU PT Department, 1998-2002
- Accreditation Committee, SAU PT Department, 1994-1995

Other Service/Committees/Councils/Commissions: University of Iowa Service

*Continuing Medical Education Department Liaison, University of Iowa, Physical Therapy Graduate Program representative, 1992-94

*Master of Physical Therapy Admissions and Financial Aid Committee & Curriculum and Instruction Committee, PT Graduate Program, University of Iowa, Iowa City, IA, 1992-94

Honors and Awards:

2018 Best in Medicine Award from American Health Council

St. Ambrose University Graduate Professor of the Year (GSGA), May 2013

St. Ambrose University Advisory Professor of the Year (GSGA), May 2002

SAU Doctor of Physical Therapy Invited Graduation Speaker, 2020.

Continuing Education Attended (last 5 years)

2020 Combined Sections Meeting of the American Physical Therapy Association, Denver, CO, Feb 13-16, 2020.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. April 15, 2019.

2019 Institute for Person-Centered Care Conference, SAU, Davenport, IA, Oct. 1, 2019.

2018 Institute for Person-Centered Care Conference, SAU, Davenport, IA, May 31-June 1, 2018.

Rehabilitation for the CrossFit Athlete, IPTA Southeast District Meeting and Continuing Education, St. Ambrose University, Nov 15, 2018.

2018 Institute for Person-Centered Care Conference, SAU, Davenport, IA, May 31-June 1, 2018.

Light Therapy, Mercy Rehabilitation, Dubuque, IA. April 26, 2018.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. April 23, 2018.

Evidence Based Practice Institute: Integrating Evidence Based Practice in a Physical Therapy Educational Program – From Classroom to the clinic. SAU, Davenport, IA, March 23-24. 2018.

Therapeutic Thermotherapy & Cryotherapy, Mercy Rehabilitation, Dubuque, IA, March 1, 2018.

Venous Wound: Evaluation and Treatment, Mercy Rehabilitation, Dyersville, IA. Nov 8, 2017.

Lifestyle Intervention in a Community Setting: What Can We Learn from CHIP? IPTA SE District meeting, Nov 7, 2017.

Light Therapy. Mercy Rehabilitation, Dubuque, IA. June 22, 2017.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. April 24, 2017.

SAU PT Department: Treatment Intervention Potpourri; IPTA SE District meeting, 2/23/2017.

Therapeutic Ultrasound. Mercy Rehabilitation, Dubuque, IA. Oct 26, 2016.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. 4/11/2016.

Role of PT in Management of Individuals at Risk for or Diagnosed with Venous Thromboembolism, SAU, 9/24/2015.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. 4/13/2015.

Electrotherapy for Pain and Iontophoresis. Mercy Rehabilitation, Dubuque, IA. Mar 19, 2015.

Electrotherapy for Muscle Dysfunction. Mercy Rehabilitation, Dubuque, IA. Oct. 8, 2014.

Electrotherapy & Wound Healing. Unity Point Health/Trinity. Bettendorf, IA. June 10, 2014.

SAU PT Department Evidence Based Practice Symposium, Davenport, IA. 4/14/2014

Policy Challenges & Opportunities for PTs Post- Health Care Reform, SAU, Davenport, IA. 4/11/2014

Ultrasound Updates, Mercy Rehabilitation, Dubuque, IA, 2/6/2014.

2020-2021 Teaching Responsibilities in the Entry-Level Physical Therapy Program:

Guest Lecture in DPT 520: Pathology and Medical Management I on Integumentary System

Guest Lecture in DPT 800: Applied Anatomy & Physiology on Integument

Guest Lecture in DPT 600: Issues in Patient Care on Spoon Theory & Chronic Pain/Fatigue

2019-2020 Teaching Responsibilities in the Entry-Level Physical Therapy Program:

Fall Year 1: DPT 560: Physical Therapy Procedures I, Course Co-Instructor

Spring Year 1: DPT 570: Physical Agents, Course Instructor

Summer Year 1: DPT 520: Pathology and Medical Management I, Guest Instructor
DPT 800: Applied Anatomy & Physiology, Guest Instructor

Fall Year 2: DPT 600: Issues in Patient Care, Course Instructor
DPT 710: Evidence-Based Practice III, Faculty Advisor

Spring Year 2: DPT 674: Integumentary Therapeutics, Course Instructor
DPT 715: Evidence-Based Practice IV, Guest Instructor & Faculty Advisor

Summer Year 2: DPT 830: Management of the Medically Complex Patient, Case Advisor

Misc. SAU Teaching Responsibilities:

SAU Physician Assistant, Pressure Injury guest instructor, 2015-2020