

KAMI L. HOLST, OTD, MOTR/L, CBIS

CIRRICULUM VITAE

BIOGRAPHICAL INFORMATION

ACADEMIC ADDRESS: Department of Occupational Therapy
Center for Health and Human Sciences
St. Ambrose University

EMAIL ADDRESS: holstkami@sau.edu

MAILING ADDRESS: 1320 W Lombard Street, Davenport, IA 52804

TELEPHONE: 563-333-6276

EDUCATION and TRAINING

UNDERGRADUATE EDUCATION:

<u>FIELD OF STUDY</u>	<u>NAME AND LOCATION OF INSTITUTION</u>	<u>DEGREE RECEIVED, YEAR</u>
Exercise Science	St. Ambrose University, Davenport IA	Bachelor Science, 06/2011

GRADUATE EDUCATION:

<u>FIELD OF STUDY</u>	<u>NAME AND LOCATION OF INSTITUTION</u>	<u>DEGREE RECEIVED, YEAR</u>
Occupational Therapy	St. Ambrose University, Davenport IA	Masters, 06/2014
Occupational Therapy	St. Catherine University, St. Paul MN	Post Professional Doctorate, 07/2020

DISCIPLINE SPECIALIZATION: Brain Injury Specialty Certification

APPOINTMENTS and POSITIONS

ACADEMIC POSITIONS:

<u>YEAR OF INCLUSION</u>	<u>DEPARTMENT, NAME AND LOCATION OF INSTITUTION</u>	<u>RANK, TITLE</u>
January, 2018 - 2020	Department of Occupational Therapy, Center for Health and Human Sciences St. Ambrose University	Adjunct Faculty
July, 2020 - present	Department of Occupational Therapy, Center for Health and Human Sciences St. Ambrose University	Assistant Professor

NON-ACADEMIC POSITIONS:

<u>YEAR OF INCLUSION</u>	<u>NAME AND LOCATION OF INSTITUTION</u>	<u>RANK, TITLE</u>
SEPTEMBER 2014-2017	Genesis Physical Therapy Valley Fair Outpatient Clinic, Davenport IA	Staff Therapist
January 2018-2020	Genesis Physical Therapy and Wellness Outpatient Clinic, Bettendorf IA	Staff Therapist LIFT Adult Day CBIS
December 2018-present	Empower House Brain Injury Clubhouse Community Program, Davenport IA	Volunteer Staff (PRN)

CERTIFICATION and LICENSURE

SPECIALTY CERTIFICATIONS:

National Board Certification in Occupational Therapy, #332360 Certified Brain Injury Specialist, #19476	2014- present 2017-present (exp 12/18/21)
LSVT BIG Certified Clinician in Occupational Therapy, ONBIG0416-144	2015-present (exp 7/31/22)

PROFESSIONAL LICENSURE:

Iowa State Occupational Therapy License, #075298	2014- present (exp: 10/15/22)
Illinois State Occupational Therapy License, #056.010766	2014-present (exp: 12/31/21)

MEMBERSHIPS in PROFESSIONAL ORGANIZATIONS

ORGANIZATIONS:

American Occupational Therapy Association, #000004372432	2011-present
Iowa Occupational Therapy Association, #000349	2021-present
World Federation of Occupational Therapy, #000004372432	2020-present
International Brain Injury Clubhouse Alliance, #0435	2018-present

PROFESSIONAL SCHOLARLY PUBLICATIONS

PEER REVIEWED PUBLICATIONS:

1. Blackwell, C., Cary, K. A., **Holst, K. L.**, Mandle, K. M., & Dryg, L. D. (2018). Dynavision Normative Data for Reaction Time. *American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211500030p1-7211500030p1.

OCCUPATIONAL THERAPY THESIS:

1. **Holst, Kami.** (2020). Acquired Brain Injury as a Chronic Condition: Self-Management and Clubhouse Programs. Retrieved from Sophia, the St. Catherine University repository website: https://sophia.stkate.edu/otd_projects/21

CONTRIBUTIONS TO PRACTICE**ACCEPTED NATIONAL CONFERENCE PRESENTATION**

1. Blackwell, C., Cary, K. A., **Holst, K. L.**, Mandle, K. M., & Dryg, L. D. (2018). Dynavision Normative Data for Reaction Time. *American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211500030p1-7211500030p1. Poster Presentation at the American Occupational Therapy Association National Conference, Salt Lake City, UT
2. Schmidt J., Petersen J., Kilburg L., McCombs A., **Holst K.**, Lansing A., Phares S., Noble A., (2021) Developing and Implementing Level I Fieldwork Experiences to Meet Student Learning Objectives While Enhancing Faculty Scholarship and Service. American Occupational Therapy Association Education Summit national conference, in person group panel presentation.

ACCEPTED STATE CONFERENCE PRESENTATION

1. Schmidt J., **Holst K.**, McCombs A., (2021) Person Centered Occupational Therapy Outreach Program: Promoting Occupational justice for families experiencing brain injury presented at the Annual Brain Injury Alliance of Iowa: State conference. Virtual recorded presentation, live question & answer session.
2. **Holst K.**, (2020) How to Manage Neglected Chronic Conditions presented at the Annual Brain Injury Alliance of Iowa: State conference on Brain injury in Des Moines, Iowa.
3. **Holst K.**, Heinrichs M., Motto, C., Owens M., (2020) Brain Injury Clubhouse Programming for Adults with Acquired Brain Injury presented at the Annual Brain Injury Alliance of Iowa: State conference on Brain injury in Des Moines, Iowa.
4. **Holst K.**, Heinrichs M., Motto, C., Owens M., (2019) Brain Injury Clubhouse: Enhancing Community Engagement, Quality of Life & Empowerment for Adults with Acquired Brain Injury presented at the Annual Brain Injury Alliance of Iowa: State conference on Brain injury in Des Moines, Iowa.

INVITED SCHOLARLY PRESENTATIONS

1. Schmidt J., Petersen J., Kilburg L., McCombs A., **Holst K.**, Lansing A., Phares S., Noble A., (2021) Developing and Implementing Level I Fieldwork Experiences to Meet Student Learning Objectives While Enhancing Faculty Scholarship and Service. Invited to present at the American Occupational Therapy Association Education Summit national conference.
2. Schmidt J., McCombs A., **Holst K.**, (2021) Occupational Therapy: innovative solutions upon returning home invited to present at the University of Iowa Neuroscience Conference with in person presentation, question & answer session.

GRANT APPLICATION and ACCEPTANCE

ST. AMBROSE UNIVERSITY

Organization Name/ Grant #	Year	Grant Project Title	Grant Awarded Amount
Faculty Scholarship Grant	2020-2021	Expansion of Community Outreach	\$5,000

**NON-ACADEMIC GRANT ACCEPTANCE
EMPOWERHOUSE BRAIN INJURY CLUBHOUSE**

Organization Name/ Grant #	Year	Grant Project Title	Grant Awarded Amount
Community Foundation Grant	2020-2021	Empower House Media Room Programming	\$7,500

TEACHING and RELATED COURSEWORK

**ST. AMBROSE UNIVERSITY COURSEWORK:
Occupational Therapy Doctoral Program**

1. Course title: **Occupational Therapy Process (OTD 520)**
 - a. Description: Within this course students are initially exposed to the occupational therapy process through learning the occupational therapy practice framework and how to utilize the framework with individuals and groups. This course introduces professional terminology and the formulation of reasoning processes necessary for occupational therapy practice.
 - b. Role: Course Lead Instructor
 - c. Contact hours/number of lectures: 3 credit hour course, 8-week course
 - d. Years/number of students: 2020, Doctor of Occupational Therapy students (27)
2. Course title: **Interventions IA (OTD 550)**
 - a. Description: First of six interventions designed to critically examine the OT process, client factors, assessment and intervention strategies to promote occupational engagement across the lifespan. Emphasis is placed on understanding theoretical constructs to guide assessment and intervention strategies. Use theories, models and frames of reference based on developmental, biomechanical, and rehabilitative content. Understanding of the motor and sensory systems, and theoretical constructs will guide assessment and intervention strategies. Focus on the occupational impact that development, disease, and injury can have for individuals across the lifespan. Specifically examine typical and atypical functioning, foundational skills for motor and sensory assessment and treatment, and the impact of these deficits on occupational participation.
 - b. Role: Course Lead Instructor
 - c. Contact hours/number of lectures: 5 credit hour course, 8-week course

- d. Years/number of students: 2021 (27), 2022 (37) Doctor of Occupational Therapy students
3. Course title: **Interventions IB (OTD 551)**
 - a. Description: Second of six interventions designed to critically examine the OT process, client factors, assessment and intervention strategies to promote occupational engagement across the lifespan. Emphasis is placed on understanding theoretical constructs to guide assessment and intervention strategies. Use theories, models and frames of reference based on developmental, biomechanical, and rehabilitative content. Focus will be placed on the occupational impact that development, disease, and injury can have for individuals across the lifespan. Integration of all concepts from the first interventions course will be used to complete case-based learning modules.
 - b. Role: Course Lead Instructor
 - c. Contact hours/number of lectures: 5 credit hour course, 8-week course
 - d. Years/number of students: 2021 (27), 2022 (37) Doctor of Occupational Therapy students
 4. Course Title: **Doctoral Experience Capstone Project I (OTD 626)**
 - a. Description: Students will work with their mentor during this course as focused on their proposed area of interest for their doctoral capstone project. Students will utilize critical thinking as they examine and reflect on the literature and research and network with persons having content expertise. Students will be encouraged to think beyond current practice skills to promote the development of advanced knowledge. Prerequisites: Completion of OTD 575 and OTD 580.
 - b. Role: Course Mentor
 - c. Contact hours/number of lectures: 3 credit hour course, 16-week course
 - d. Years/number of students: 2020-2021 (3), 2021-2022 (2) Doctor of Occupational Therapy students
 5. Course Title: **Doctoral Experience Capstone Project II (OTD 676)**
 - a. Description: Students will work with their mentor during this course as focused on further developing their area of interest for their doctoral capstone project. Students will utilize critical thinking as they examine and reflect on the literature and research and network with persons having content expertise. Students will be encouraged to think beyond current practice skills to promote the development of advanced knowledge. Prerequisites: Completion of OTD 626.
 - b. Role: Course Mentor
 - c. Contact hours/number of lectures: 3 credit hour course, 8-week course
 - d. Years/number of students: 2020-2021 (3), 2021-2022 (2) Doctor of Occupational Therapy students
 6. Course Title: **Doctoral Experience Capstone Proposal II (OTD 710)**
 - a. Description: Students will work with their mentor during this course as focused on their proposed topic area of interest for their doctoral capstone project. Students will utilize critical thinking as they examine and reflect on the literature and research and network with persons having content expertise. Students will be encouraged to think beyond current practice skills to promote the development of advanced knowledge. Prerequisites: Completion of OTD 705.
 - b. Role: Course Mentor
 - c. Contact hours/number of lectures: 3 credit hour course, 8-week course
 - d. Years/number of students: 2020-2021 (3), 2021-2022 (2) Doctor of Occupational Therapy students

7. Course Title: **Doctoral Experience Capstone Proposal III (OTD 750)**
 - a. Description: Students will work with their mentor during this course as focused on their completing their developed project for their doctoral capstone project. Students will utilize critical thinking as they examine and reflect on the literature and research and network with persons having content expertise. Students will be encouraged to think beyond current practice skills to promote the development of advanced knowledge. Prerequisites: Completion of OTD 710.
 - b. Role: Course Mentor
 - c. Contact hours/number of lectures: 3 credit hour course, 8-week course
 - d. Years/number of students: 2020-2021 (3), 2021-2022 (2) Doctor of Occupational Therapy students
8. Course Title: **Interventions IIA (OTD 600)**
 - a. Role: Course Instructor
 - b. Name/Location: St. Ambrose University
 - c. Contact Hours/ Lectures: 5 days x 1 week, 1 lecture/4 Lab
 - d. Years/number of students: 2021 (27), 2022 (37) Doctor of Occupational Therapy students
9. Course Title: **Interventions IIIA (OTD 650)**
 - a. Role: Adjunct Guest Lecturer
 - b. Name/Location: St. Ambrose University
 - c. Contact Hours/ Lectures: 5 days x 1 week, 5 lecture/Lab
 - d. Years/number of students: 2019(32) Doctor of Occupational Therapy students

Occupational Therapy Doctoral Program- Fieldwork Site Supervision

1. Organization: Empower House Brain Injury Clubhouse, Davenport IA
 - a. Description: Level 1B clinical fieldwork placement at community partner Empower House Brain Injury Clubhouse. Students complete fieldwork experience 3 hours per week throughout 12 weeks (36 hours)
 - b. Role: Fieldwork site supervisor
 - c. Contact Hours: 6 hours per week, 12 weeks
 - d. Years/number of students: 2020 -2021 (10) 2021-2022 (9) Doctor of Occupational Therapy Students

Clinical Fieldwork Site Supervision

1. Organization: Genesis PT & Wellness, Bettendorf IA
 - a. Description: Clinical fieldwork mentorship Level 1A
 - b. Role: Fieldwork site supervisor
 - c. Contact Hours: 40 hours, 1 week
 - d. Years/number of students: 2015 Masters of Occupational Therapy Students (1), 2017 Masters of Occupational Therapy Students (2), 2018 Doctor of Occupational Therapy Students (1)
2. Organization: Genesis PT & Wellness, Bettendorf IA
 - a. Description: Clinical fieldwork mentorship Level II A&B
 - b. Role: Fieldwork site supervisor
 - c. Contact Hours: 40 hours, 12 weeks
 - d. Years/number of students: 2016 Masters of Occupational Therapy Students (1), 2018 Doctor of Occupational Therapy Students (1), 2019 Doctor of Occupational Therapy Students (1)
3. Organization: Genesis PT & Wellness, Bettendorf IA

- a. Description: Clinical fieldwork mentorship Doctoral Experience Capstone (DEC)
 - b. Role: Fieldwork site supervisor
 - c. Contact Hours: 32 hours, 14 weeks
 - d. Years/number of students: 2019 Doctor of Occupational Therapy Students (1), 2020 Doctor of Occupational Therapy Student (1).
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UNIVERSITY SERVICE and RELATED COMMUNITY ENHANCEMENT

SAINT AMBROSE UNIVERSITY SERVICE

1. Search Committee for Nursing Tenure Track Faculty (2021).
 - a. Description: Tenure track search committee completed a search on 3 qualified nursing candidates. As a committee (5) we completed a thorough review process of relevant materials, and made a formal recommendation based on the candidate's qualifications.
2. Occupational Therapy Admissions Committee (2020- current)
 - a. Description: Occupational Therapy Department Admissions Committee team (7) we review all admissions criteria quarterly and make recommendations that are discussed at Department meetings. Participation on this committee helps to enhance the occupational therapy program recruitment of students into our program, review processes, compare other OT programs both state and national level as well as maintain compliance with all program accreditation standards.
3. College of Health and Human Sciences: Strategic Planning Community Partnerships Committee Subgroup Priority 2 (April 2021)
 - a. Description: Strategic plan subgroup for the CHHS community partnership initiative. Addressed the specific aspects requested for the strategic plan with a team (4) persons. Virtual meetings (3) x 1 hour each session.
4. College of Health and Human Sciences: Nursing Department Guest Lecture (April 2021)
 - a. Description: Virtual pre-recorded presentation (30 minutes) with handout for first year nursing students. Content was related to the role of occupational therapists on the interdisciplinary team.

EMPOWERHOUSE BRAIN INJURY CLUBHOUSE BOARD OF DIRECTORS

1. Role: Officer President (2018- current)
2. Term: Service for 3-year term (2018-2021), re-elected 3-year term (2021-2024)
3. Description of service: Board of directors (9) members. President role description is coordination and planning of 4 quarterly board of directors' meetings x 3 hours per meeting. Community event participation/volunteering (14), coordinating 2 large community fundraising events with team, small community event planning (12). Assisted with program development for clubhouse (2018-2020), (2020-2021), as well as grant writing input and assistance as needed.

COMMUNITY VOLUNTEERING and SERVICE

1. Pizza Ranch Community Impact Night- (August 2021) Volunteered 3 hours. Assisted with serving food, collecting donations and giving out information.
2. John Deere Classic Birdies for Charity- (July 2019), (July 2021) Volunteered 2 hours handing out water and giving information related to Empower House Birdies for Charity Spotlight.
3. Live at 5! (June 2021) Volunteered 4 hours giving tours of Empower House Brain Injury Clubhouse, giving out information to participants of Live at 5.
4. Empower House Brain Injury Clubhouse- Volunteer staff (8hrs)1 day per month (2020), (2021)