Winter Commencement

Winter Commencement will be held on Saturday, December 15th at the River Center in downtown Davenport. The Kinesiology department wants to congratulate the graduates! Students scheduled to graduate are:

**Human Performance and Fitness:**
Chelsea Allbaugh-Dean’s commendation.
Matthew Ardiente
James Cichon
Craig Labath-cum laude

**Exercise Science:**
Sabrina Duley-cum laude
Kelsay Kemmann - summa cum laude
Riley Kubatzke
Dayna Welch
Mollie Yeargle

**Exercise Science AND Human Performance and Fitness:**
Ryan Foster

**Sport Management:**
Eric Anderson
Scott Blanchette
Matthew Cooper
Jacqueline Dalcerro
Tiffany Fangmann
Shane Heath
Justin Tiner

**Physical Education -Teaching:**
Zach Bellendier
Zachary Neuerburg
Michael Neuner
Griffin Paulson

**Physical Education -General:**
Katie Chambliss
Griffin McLaughlin
John Michaletti

Orfitelli Scholarship Awarded

The recipients for this year's Breakfast Lions $500 Scholarships in memory of our former Department of Kinesiology Chair and Professor, Dr. Michael A. Orfitelli, are Mariah Balinski, a junior majoring in Exercise Science, and Alex Berg, a senior majoring in Physical Education Teacher Education.

**Functional Movement Screen**

Dr. Rhonda Verdegan attended a workshop in the beginning of October to become certified in the Functional Movement Screen (FMS). The screen ranks seven movement tests that require a balance of mobility and stability. The tests help the trained professional put clients/athletes in positions where weakness, imbalances, and limitations become noticeable. Once the possible problem areas are exposed, possible solutions are considered to assist the individual with correcting the biomechanical errors. Dr. Verdegan will be utilizing her knowledge on FMS to educate Kinesiology students and faculty and as part of her research agenda.

Happy Holidays!!
Seven St. Ambrose students majoring in Exercise Science and/or Human Performance and Fitness accompanied Dr. Myung Choi to Oregon, Ohio for the 40th Annual Midwest Regional Chapter of the American College of Sports Medicine (ACSM) Conference on November 1-3, 2012. This year’s theme was “Exercise is Medicine”. Over 450 attendees from more than twenty Midwestern schools attended the event. The conference consisted of two days of experts in the field of health sciences presenting and discussing their very own research and discoveries. Some areas of research presented included obesity prevention, cardiovascular fitness in correlation with overall health, benefits of exercise with increasing age, and proper professional-to-client interactions. Students had the opportunity to present their own research as well which was set up for everyone to view and ask questions.

We are proud to report that SAU’s team reprised their second place win in the annual trivia bowl/Jeopardy contest. Kaitlyn Kielsmeier, Rachel Luehrs and Anthony Czahor comprised this year’s team.
SPORTS MANAGEMENT CLUB NEWS  by Dan Dierking

The St. Ambrose S.P.O.R.T.S. (Students Pursuing Occupations Related to Sports) Society has been actively involved during the 2012 Fall semester. The S.P.O.R.T.S. Society partnered with the Capstone in Sport Management class to hold the “B100 Hoops for Hunger Tournament” to help end hunger in the Quad Cities. The event also featured the "Mike Tetlow 3-Point Contest". Eighteen teams participated in the tournament, which raised $175 dollars and $700 in canned goods, which were donated to Café on Vine. Café on Vine helps feed and nourish those who are less fortunate. It is always nice to have even a small impact on the lives of those who are strangers.

The S.P.O.R.T.S. Society also sold t-shirts sporting the message "GRAND WHO?" for the Homecoming football game vs. Grand View University. The event raised awareness for the game, and the t-shirts helped unify the student body as they supported the Fighting Bees.

The second annual costume contest and dance-off was held during the SAU Women's Volleyball senior night on October 31. The dance-off was a great form of entertainment, as a number of students and crowd participants embarrassed themselves for the chance at a $100 cash prize.

Officers for the school year were also elected. Additionally, a new officer position, Event Coordinator, was added. The new officers, as well as contact information are:

President: Dan Dierking, dierkingdanj@sau.edu
Vice President: Jackie DalCerro, dalcerrojacquelynf@sau.edu
Treasurer: Dan Merrick, merrickdanm@sau.edu
Secretary: Rebecca Gillen, gillenrebeccas@sau.edu
Event Coordinator: Otto Linderman, lindermanottom@sau.edu

During the upcoming spring semester, the S.P.O.R.T.S. Society looks to be even more involved in new events. Look for a Half-Court Shot Contest at a Men's and Women's Basketball game for a chance to win free burritos for a year!! Also, the Men's Volleyball team will be coordinating number of events. There will be a lot going on in the months ahead so keep a look out for all the exciting news and events we have planned.