

YOUR KINESIOLOGY CAREER STARTS HERE.

STATE-OF-THE-ART

Explore 80,000 square feet equipped with exercise physiology and biomechanics laboratories, classrooms, research-quality equipment, and a group exercise room.

INCOME

\$49,000+ median income for sports occupations

*U.S. Bureau of Labor and Statistics

HANDS-ON LEARNING

Receive an unmatched real-world experience through participation in patient cases, and scholarly clubs and activities.

GO BEYOND

Experience hands-on learning through internships, study abroad programs, cross-discipline activities with other Health Sciences majors, and our Peace Corps Prep program.

JOB GROWTH

13% projected job growth

(for sports occupations from 2021-2031 *U.S. Bureau of Labor and Statistics)

ADVANCED OPPORTUNITIES

Participate in a curriculum that sets a solid foundation for advanced/accelerated degrees in Physical Therapy, Occupational Therapy, Exercise Physiology, and Physician Assistant Studies.

MAJORS

Explore our kinesiology programs:

- Exercise Science
- Sport Management
- Human Performance and Fitness

PATHWAYS

Many of our graduates continue to pursue a flexible continued education in:

- Master of Science in Exercise Physiology
- Master of Physician Studies
- Doctor of Occupational Therapy
- Doctor of Physical Therapy
- Master of Organizational Leadership
- Master of Business Administration

SEE YOURSELF AT ST. AMBROSE.



ADAPTIVE

INVESTED OVER \$110 MILLION IN BUILDING AND TECHNOLOGY INFRASTRUCTURE IN THE LAST DECADE



AFFORDABLE

99% OF FIRST-YEAR STUDENTS RECEIVE AID



ACTIVE

AMBROSIANS DONATE OVER
100,000 SERVICE HOURS
ANNUALLY ON AND OFF CAMPUS



ACCESSIBLE

WITH AN AVERAGE CLASS SIZE OF 15, WE ARE A TEACHING UNIVERSITY WHERE STUDENT SUCCESS EQUALS FACULTY SUCCESS



ANCHORED

AN EDUCATION ROOTED IN VALUES TO PREPARE ETHICAL DECISION-MAKING LEADERS



ALLIANCE REHAB

ARMY WELLNESS CENTER

ILLINI RESTORATIVE CARE

MERCY ONE MEDICAL CENTER

QUAD CITIES ACCELERATION

ROCK VALLEY PHYSICAL THERAPY

TRINITY REGIONAL HEALTH SYSTEM MULTIPLE CAREER PATHWAYS TO OCCUPATIONAL THERAPY, PHYSICAL THERAPY, OSTEOPATHY, CARDIAC REHABILITATION, STRENGTH AND CONDITIONING