



## Become Part Of The Answer

Solve problems related to health equity and access to services by earning your Master of Public Health degree online from St. Ambrose University. Public health professionals work in multidisciplinary teams to identify root causes of health problems and develop solutions to protect the health of populations, ranging from local neighborhoods to entire regions of the world. The benefit of an online, asynchronous degree allows working professionals more flexibility to achieve their career goals.

## Vision Statement

The vision of the St. Ambrose University's Master of Public Health program is to contribute to a future where local, national, and global communities promote individual well-being, prevent disease, and work towards eliminating health inequities.

## Mission Statement

St. Ambrose University's Master of Public Health seeks to develop leaders with a global perspective who will contribute to a more just world via academic excellence, person-centered service, to promote

social justice. Students will develop knowledge, skills and professional values to identify and pursue individualized goals in research and practice via collaborating with community partners to improve health access for all populations.

## Graduates Of The MPH Program Will:

- > Develop public health person-centered programs and strategies responsive to the diverse cultural values and traditions of all communities being served.
- > Discuss the means by which structural bias, social inequities and racism undermine health and create challenges to achieving health equity at organizational, community and societal levels.
- > Critically evaluate the social determinants of health and understand how they contribute to health inequities.
- > Evidence-based approaches to PH: Analyze quantitative and qualitative data using biostatistics, computer-based programming and software, as appropriate.
- > Apply a social ecological and person-centered framework to identify, implement and evaluate evidence-based interventions that promote population and community health.

## Admissions Process

A complete application requires submission of the following:

- > Official transcript showing completion of a bachelor's or master's degree from an accredited college or university. Prospective students currently enrolled are asked to provide a list of remaining courses and timeline for earning an undergraduate degree.
- > A one-page statement addressing how your personal or academic background and experiences will bring a unique perspective to the program and contribute to a diverse and inclusive student community.
- > Three letters of reference from either academic (i.e. a professor) or professional (i.e. a supervisor) sources.
- > Evidence of a cumulative GPA of 3.0 or higher.

## Curriculum

The public health program will emphasize social justice, prioritizing both a global and person-centered perspective. Specifically, St. Ambrose students will build their skills in epidemiology, research, and application of evidenced-based interventions to solve global/national/regional/state/community public health issues. *The flexible online MPH Program will be offered as either a full-time, 18-month program or a part-time, 33-month program. Both options are comprised of 43 semester hours.* Up to 30 students are accepted annually through a competitive application process and will begin studies in the fall or spring with both full- and part-time options. Students who have earned a bachelor's degree and successfully completed specific undergraduate prerequisite classes are eligible to apply. Students will complete didactic online classes in subjects including epidemiology, biostatistics, qualitative research, behavioral/social/environmental health, ethics and social justice, health systems, policy, evidence based practice/application and management/leadership. The program requires students to complete approximately 200 hours of applied practice experience, under the supervision of public health and other specialists in selected practice areas. Additionally, a dual degree program where a student can obtain both an MPH and MSW in three years is available. This highlights priorities related to strengthening the links between health and community/social systems and services.

## Accreditation

St. Ambrose University is accredited by the Higher Learning Commission ([www.hlcommission.org](http://www.hlcommission.org)). The St. Ambrose University Master of Public Health program plans to apply for the Council on Education for Public Health (CEPH) accreditation ([www.ceph.org](http://www.ceph.org)).

## Job Outlook

The multiple opportunities an MPH offers creates exciting career pathways for students at St. Ambrose University and beyond. This degree enriches the university's mission of social justice, and reinforces

the College of Health and Human Service's focus on inter-professional collaboration. This heritage and emphasis makes the St. Ambrose MPH unique among regional public health programs. The components of the MPH program builds from diverse entry points, valuing many undergraduate degrees and student experiences. Examples of relevant disciplines may include Biology, Behavioral Neuroscience, Chemistry, Communication, Economics, Engineering, Exercise Science, International Studies, Nursing, Math and Analytics, Medicine, Political Science, Psychology, Business Sales, Health Care Sales, Sociology, Social Work, Theology, Women and Gender Studies and many more.

Graduating with an MPH degree prepares students for a variety of careers since public health is a rapidly growing field. The Bureau of Labor Statistics (2016) projects needing nearly 20,000 more employees in health education and community health by 2026. Graduates of public health programs are employed in public health agencies, volunteer and private agencies, non-profits, governmental agencies (including the Center for Disease Control (CDC), the Federal Emergency Management Agency (FEMA), etc.), hospitals/other health care settings, and with global health organizations.

Public health works to protect the health of entire populations, ranging from local neighborhoods to entire countries and regions of the world. Public health professionals work in multidisciplinary teams to identify root causes of health problems and to develop solutions to improve access to health care and reduce inequities. Epidemiology is our science, driven by the need to get the right care, to the right places, at the right time.

## Solve Public Health Problems

- > Working in interdisciplinary teams, applying your disciplinary skills as an expert specialist.
- > Developing research skills to identify health risks, and strengthen your program management skills to lead interventions that result in healthier communities.
- > Identifying the most effective strategies to lead change.
- > Honing your communication skills to advocate for improved health among vulnerable populations.

## For Further Information

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