Dear St. Ambrose Campus Community,

It is with great pleasure we share with you the Year in Review from Student Affairs. The purpose of this document is to highlight our accomplishments in the context of the division and university missions, respectively.

Through our work, the Student Affairs division partners with the University community to support the academic mission at St. Ambrose. We seek collaborative working relationships that support holistic student development in multi-faceted learning spaces and through opportunities, here and abroad. Additionally, we seek to empower students with the skills and resources to address issues in their communities to deepen their learning, insight, and experience. To guide our work annually, we establish divisional strategic priorities that call us to create, through our partnerships, seamless learning opportunities for each admitted student.

I hope you find the information in the following pages useful and informative. Most importantly, it is our hope that this document inspires you to challenge us, and to partner with us, to integrate learning opportunities that further our Catholic diocesan heritage in all students. For the talented educators comprising the Student Affairs division, I thank you for your continued interest, support, and challenge to the work we do.

Sincerely,

Timothy P. Phillips, Ph.D.
Associate Vice President and Dean of Students
Our Vision:
The Department of Campus Recreation at St. Ambrose University will be a national leader for offering the most integrated, comprehensive, and outcome-based recreational programs, services and facilities.

Our Mission:
The mission of the Department of Campus Recreation is to provide quality recreational opportunities to the St. Ambrose University community. The services offered emphasize meeting the needs and interests of students and employees while improving the overall well-being of the individual. Campus Recreation encourages participants of all ages and skill levels to take an active role in a variety of individual and team opportunities.

Key Collaborations:
- Kinesiology
- Athletics
- Student Activities
- Residence Life
- Health Services
- Physical Plant
- Security
- City of Davenport
- Sodexo

By the Numbers:

Intramural Sports
Fall ’15 — 573 unique participants and 2,660 participations*
Spring ’16 — 523 unique participants and 1,950 participations.*
*A participation is defined as the number of times a participant participates in an activity.

Club Sports
Established program and have 11 active clubs.

Group Fitness Classes
Fall ’15 — 661 recorded attendees in 4 classes offered
Spring ’16 — 614 recorded attendees in 4 classes offered

Cardio Pods
Users self-reported 1,042 “sign-ins”.

Lee Lohman Weight Room
Fall ’15 - averaged 987 users per week
Spring ’16 - averaged 982 users per week

What We Do >>>>
By providing quality programs, facilities, and service, we strive to: facilitate individual growth, cultivate an awareness of living a healthy and active lifestyle through healthy habit formation; enhance social skills; provide outlets; aid in the learning of, defining of, and polishing of personal skill sets; collaborate to deliver quality programming; focus on student user, participant, and employee development; learning outcome achievement.
The Department is excited about the new Recreation and Wellness Center with an anticipated opening of August 2017. The design and program planning processes are underway for the facility that is anticipated to add 5,000+ square feet of fitness/cardio space, dance/group fitness studio, a field house with multi-purpose courts, and competitive track, classroom/lab, a lounge area, an athletics hall of fame, office suites for Campus Recreation and Athletics, and locker rooms for SAU students, faculty, and staff.

The Club Sports program contains 11 sports (Running, Swimming, Men’s Rugby, Women’s Volleyball, Jiu-Jitsu, Fishing, Tae Kwon Do, Wrestling, Women’s Lacrosse, Ultimate Frisbee, and Men’s Ice Hockey) and offers students a unique blend of team and individual sports with intercollegiate opportunities for club members. A club sport is a recognized student organization whose members’ common interests revolve around participation in a specific team or individual sport. Most notable achievements are:

- Fishing Club finishing 2nd in FLW qualifier on July, 9; qualified for national tournament
- Women’s Volleyball team competing in their tournaments
- Addition of the Women’s Lacrosse and Ultimate Frisbee clubs for 2016-2017
- Administered the American Collegiate of Health Association (ACHA)-NCHA II Assessment in April 2016. The ACHA-NCHA II supports the health of the campus community and is where many of the student wellness programs originate. It supports the SAU, Student Affairs, and Campus Recreation missions, and gains a current profile of health trends within the campus community. 795 SAU undergraduates and graduates completed the survey.
- Cooking classes, as derived from the Student Wellness Plan, were introduced in Spring 2016 for all SAU students. These classes provided a hands-on cooking experience for students. Sodexo Food Service donated the supplies that were necessary. Campus Recreation is excited to continue the classes for the 2016-2017 year.
Learning Outcomes & Assessment Data

- Offered a “Career Boot Camp” in both Fall and Spring with 224 students and 48 employers participating in Speed Mock Interviews, Resume Drive Thru, LinkedIn Profile Reviews, and a networking lunch.
- Had a 47% increase participation in the BeeCONNECTION online mentoring program. Currently have 175 active Mentors and 110 mentor/mentee connections were made during the year.
- Staff made 92 career-related classroom presentations to a total of 1465 students.
- Over 22 companies and 176 students participated in Fall and Spring on-campus recruiting opportunities.
- 566 students were eligible for college work-study financial aid; 489 of those students were placed in a work study job. Another 353 were placed in temporary student employment.
- Career center staff responded to 280 online requests for resume reviews, career counseling and job search information.
- 1965 students and alumni signed/walked in to the Career Center office for services.

- Spring ProFair had a 19% increase in student attendance for a total of 274 students and 80 employers.
- 100% of students enrolled in the Career Counseling group during spring semester reported they were more decided on their major choice after having participated in the group.
Activities:
- Career Boot Camp (Speed mock interviewing; Resume Drive-Thru; Presentations; Networking Lunch, LinkedIn review and photo booth).
- ProFair Career Fair (Spring & Fall)
- On-Campus Recruiting Events
- Health Sciences Fair
- Annual Etiquette & Networking Dinner
- Career Decision Making Groups (7 week course)
- Webinars: Job Search 101, Disclosing your Disability, Resume Writing for Alumni

Four Year Career Advising Plans and related information (potential job titles, internship sites, and alumni first destinations) for all SAU Majors were made accessible for students and advisors on the Career Center portal site under “What Can I Do With This Major”.

Developed video clips with students and alumni speaking about internship experiences and benefits, what students can do to help in making career decisions, and how to explore career resources. These are being used in the New Student Seminar online career module and in social media and marketing campaigns.

Enhanced usage of technology including an elevated social media presence and increased followers on Twitter and Facebook accounts, developed a Career Center blog with colleagues from around the state submitting articles, developed a digital Internship Guide for Employers, incorporated a reflections blog as part of the student internship evaluation process, and held three topical Webinars for current students and alumni.

Held programming collaborations this year with the Offices of Alumni, Freshmen/Sophomore Experience, Residence Life, International Students, Disability Services, Intercultural Life, Student Research Institute, and Student Engagement. Also participated in the College of Business’ “Business Week” by presenting two workshops and co-sponsored and facilitated the “Smart Start” salary negotiation workshop for women.

Designed and implemented new “BEEInternships” marketing campaign and developed a strategic plan to assist students, faculty, and employers in recognizing the benefits of an internship.

As the international student population increases, 22 international students were employed in temporary on campus jobs.

Our Mission:
As part of holistic development, the Career Center challenges and supports students and alumni to engage in a journey of personal awareness by providing developmental, networking and employment opportunities to enrich lives and contribute to their communities.
What We Do:
The Counseling Center is a resource for members of the St. Ambrose community who are looking for help in resolving personal problems and learning about themselves and their relationships with others.

All of us, from time to time, experience difficulties in our daily lives. We might reach stumbling blocks that begin to affect our relationships or prevent us from realizing our potential and achieving our goals. Counseling is a collaborative approach to finding a way out of these difficulties.

In counseling, the counselor and the client work together to seek a resolution that fits the client's needs and takes into account the client's personal history, life circumstances, and personal philosophies.

Counseling services as St. Ambrose are free of charge for students who are enrolled at the University.

Who We Are:
Steve Tendall, MSW, LISW  
Director

Amy Scott, MSW, LISW  
Assistant Director/ Counselor

Amber Dopler, MSW, LISW  
Counselor

Debbie Gerdes,  
Clerical Assistant

Highlights:
- Served the largest number of students since the Counseling Center became full time 25 years ago.
- Continued oversight of Sexual Assault Awareness Team (SAAT) and Bystander Intervention Group (BIG).
- Over 1425 hours of clinical service provided to students.
- Almost 10 clinical sessions daily, on average provided to students.
- Advanced staff training in Motivational Interviewing and Implementation of the BASICs protocol for problem drinkers.

Our Mission:
The mission of the SAU Counseling Center is to facilitate the educational experience by working collaboratively with students to foster and nurture their development as whole persons. This developmental process involves resolving personal conflicts, building healthy relationships, developing individual strengths, enhancing coping and stress management skills and exploring personal identity issues.
Collaborations:

- Presentation on stress/anxiety and time management with Physical Therapy
- Presentation on issues of transition for students doing extended field placement with Occupational Therapy
- Bystander intervention training to students
- Worked with First Year Experience to facilitate “Take Two”
- Joint effort to produce Test Anxiety 101 presentations with Students Disabilities Services and Student Success Center
- Participated in RA training with Residence Life
- Committee membership on Sexual Assault, AOD, and Wellness Committees.
- Presentations given in collaboration with First Year Experience and Theatre faculty at the First Year Experience conference in Orlando.

By the Numbers:

After utilizing counseling services students report:

- 80% strengthened one or more self management skills (managing time, stress, etc.)
- 84% gained a greater self understanding or a clearer sense of identity.
- 75% lived a healthier lifestyle in at least one area, e.g., more sleep, more exercise, etc.
- 76% learned to manage anxiety more effectively.
- 75% learned new ways of coping with stress.
- 56% report that their academic performance is improving as a result of counseling.
Health Services

Our Mission:
The Office of Health Services respects, supports and assists in the client’s journey to a healthy lifestyle.

What we do:
The Office of Health Services offers free and confidential services to clients including:

- Assessment of illness or injury with referral to appropriate health care provider whenever necessary
- Dispensing non-prescription medications
- Blood pressure screenings
- Annual flu clinic
- Blood borne pathogen training
- Pregnancy testing
- Crutches available for loan
- Dispensing/disposal of sharps container
- Hepatitis B vaccinations (for a fee)
- Health Education

Who we are:

Nancy Hines, RN, MS
Director

Debbie Gerdes
Clerical Assistant

Our office is open Monday—Friday when classes are in session. The office is closed during June and July.

Self-assessment data:

- Provided assistance to over 2200 clients in the Health Services office
- September was the busiest month during an academic year with over 250 client visits.
- Over 70 participants vaccinated during annual lunchtime Flu Clinic.
Collaborations:

Health Services supports and assists:

- Wellness Coordinator with wellness activities
- Campus Recreation with the annual Dash for Drex Race/Walk and wellness programming.
- International Student Services with international student orientation
- Admissions and advising with summer orientation
- Representatives from Health Sciences, Campus Recreation, Counseling Center, Human Resources, and Administration on wellness initiatives.
- Representatives from various campus departments on the safety committee
- Sexual Assault Awareness Team (SAAT) for “Walk a Mile in Her Shoes”
- Counseling Center for counseling services
- Security with emergency plan and response
- Residence Life with safety/health concerns of students
- Student Disability Services with accommodation needs.

Activities:

August:
- Welcome Week
- International Student Orientation

September:
- New Student Seminar
- Alcohol Awareness

October:
- Flu clinic
- Breast Cancer Awareness
- Killer Bee Race/Walk

November:
- Great American Smoke out

December:
- World AIDS Day
- Winter Commencement

January:
- International Student Orientation

February:
- Heart Healthy Month

March:
- Safe Spring Break

April:
- Dash for Drex Race/Walk
- Sexual Assault Awareness Month

May:
- Spring Commencement
The mission of the St. Ambrose University Department of Residence Life is to foster a safe, supportive, and empowering community that will challenge and support our residents to grow and develop holistically.

Admitted Student & Scholarship Day
Counseling and SAAT: “Are You Afraid of the Dark?”
FYE & NSS instructors with MAP-Works
Health Services & Sodexo - meal plan appeals
Financial Aid: Meal Plan Appeals and outstanding bill collection
Campus Recreation for the Cardio Pods in Davis, Rohlman, Franklin, North, McCarthy Hall and Hagen/Tiedemann link
International Student Services, Campus Ministry, and Honors - Thematic Housing initiatives
Psychology & Counseling: Mental Health Screening, Alcohol Screening
Physical Plant & Mediacom - TV converters
Alumni Office & Habitat for Humanity on student care packages and loft rentals/deliveries
Sodexo on the Big Game Party
Club/Organization advising: Dance Marathon, Sexual Assault Advocacy Team, Habitat for Humanity
Destination Leadership with Univ. colleagues
Welcome Week with Univ. colleagues

Occupancy Fall ’15: 1651 students
96.27% of capacity

Meal Plan Counts: Fall ’15:
7-Meal Plan: 544
10-Meal Plan: 409
14-Meal Plan: 482
19-Meal Plan: 139
Flex160: 61
Exemptions: 29

Program Numbers for 2015-16: 426
Planned and implemented by student staff
Intentional Interactions: 2915 logged
Our Sophomore Year Experience (SYE) community development focus is continuing in Rohlman and Franklin Halls. This focus continues to expand to better serve the unique needs of second year students.

As our overall focus on community development evolves to best meet resident needs, we are shifting away from traditional programming. We adopted new developmental models for each population and for the various themed housing. One significant focus is having the student staff engage in “intentional interactions” with each resident to facilitate the growth and development of the residents and of each community.

Residents hosted a successful campus wide event “Halloween Dance” in the Ballroom using the Bee Responsible Fund, which available to all students and student groups to provide alcohol free and alcohol-alternative activities.

The student staff raised concerns about fatigue after doing duty rounds at 2am and their eventual burnout from repeat late nights. The professional staff researched the amount of incidents that took place after midnight and based on that data made a change to remove that duty expectation. This change still served the campus well and the student staff morale was increased.

Three of our professional staff represented St. Ambrose at the regional level on UMR-ACUHO committees.

Thematic Communities continued to grow and improve in 2015-16:
- 200 residents (first-years through seniors) lived in the Academic Community in one hall with numerous programs and mentorship (“Bigs”, “Middles” & “Littles” pairings).
- McCarthy Hall was home to the Spiritual and International Community themed housing initiatives. Two floors were served by Residence Life RAs as well as Student Ambassadors hired by Campus Ministry and International Student Services.
- 16 groups of house residents of were selected to live in a campus-owned house encompassing a student-created theme and the desire to give back to the community. Each had a faculty or staff advisor, thereby enhancing the depth of learning.

The last weekend in April was successful in terms of students having fun safely with relatively few violations of policy. Our continued focus on managing, registering, and monitoring guests that weekend were successful and reduced the overall size of the event, though it remains a significant investment of resources to manage. One change that helped in that management was not extending the porch policy in the Townhouse grass area which had a history of drawing large crowds.

There was a change in the professional staffing structure to accommodate the fiscal needs of the university which resulted in there being two Residence Life Coordinators (North & Bechtel; Hagen, Tiedemann, Townhouses, and Rohlman) and 3 Hall Directors. Due to one of the Residence Life Coordinators finding employment elsewhere, Alison stepped up to take on Davis, McCarthy, Hagen, Tiedemann, Townhouses, and Rohlman) and 3 Hall Directors. Hosted many campus-wide programs: Big Game Party, Study-A-Thon, Ambrose Idol, Fall Fest and Super Smash Bros Tournament.

Who We Are:

‘16-’17 Staff

Matt Hansen
Assistant Dean of Students & Director

Sherry Whetzler
Assistant Director

Hilary Wilson
Administrative Assistant for BeeCard & Student Affairs

Anjie Swidergal
Bechtel & North Area Coordinator

Alison DeVilder
Davis, Hagen, McCarthy, Tiedemann, Townhouses & Themed houses Area Coordinator

Andrea Rivera
Franklin & Non Themed Houses Hall Director

Alex Carr
Cosgrove Hall Director

Brendan Sears
Rohlman Hall Director
Who We Are:

Robert Christopher  
Assistant Dean of Students & Director

Calvin Cooper  
Associate Director & Parking Manager

8 Lead Officers

9 Per Mar Officers

6 Off-Duty Davenport Police and Scott County Deputies

40 Student Employees

Our Mission:

To work in partnership with the community to proactively reduce risks to safety, respond to threats/challenges to security, enhance and maintain an environment conducive to study and growth while acknowledging the dignity of each individual.

Data on usage of services, 7/1/15 to 6/30/16

- Calls for Service: 15,870
- 911 calls: 233
- Escorts: 269

Data on policy violations, 7/1/15—6/30/16

* Data is preliminary and does not include DPD or other non-SAU sources.

- Incidents investigated and processed: approx. 566
- Alcohol violation incidents: 92
- Drug violations: 16
- Burglaries: 11
- Theft from a vehicle: 6
- Thefts: 37
- Bicycle Thefts: 15
Our Objective:
The Security Department seeks to demonstrate that we are here for the students, faculty, staff and guests of the University.

Activities and Collaborations
- Members of the department presented primary crime prevention programs to orientation programs for the Nursing, Physical Therapy and Occupational Therapy Departments.
- Members of the Security Department continue to teach and support the Rape Aggression Defense class through the Kinesiology Department. Approximately 30 students per year take this 1-credit hour class.
- Evacuation drills were completed for every main campus building.
- Members provided training for over 40 student officers.
- Members of the department presented primary crime prevention programs at the AC-CEL faculty and student orientations.
- Members of the department presented primary and secondary crime prevention programs to New Student Seminars and other classes.
- Members of the department assisted with training Resident Assistants and student staff in Campus Recreation.
- Members of the Security Department continue to teach and support the Rape Aggression Defense class through the Kinesiology Department. Approximately 30 students per year take this 1-credit hour class.
- Four members of the Department plus additional staff from across campus attended training on investigating and resolving Title IX related incidents.

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<th>Parking Data</th>
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<td>- 2,394 permits issued</td>
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<td>- 5,505 violations issued</td>
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<td>- 1,040 appealed</td>
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<td>- 510 accepted</td>
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<td>- 530 rejected</td>
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Highlights:
- On June 28 over 30 members of the campus community and approximately 90 police officers from Davenport and Bettendorf assembled for a campus emergency exercise. This training served to not only allow members of the campus emergency operations center (EOC) the opportunity to practice needed skills and ensure the proper functioning of equipment, but also allowed the police to learn more about responding to campus situated emergencies.

Ensuring the campus responds to emergencies using recognized best practices, and allows campus emergency responders to work seamlessly with city and state emergency responders

- Security expanded the number of A.L.I.C.E. courses offered to the campus offices as a part of its commitment to educating the campus community on safety issues, and is working on other venues to offer this training.

- Security along with the Campus Emergency Operations Group re-evaluated the current system used to contact community members in emergencies and have been able to add feeds to Facebook and Twitter. They have also modified the current system that will allow even more members to effortlessly be a part of this important communication network.
Student Activities

What We Do:

- **CAB**  Campus Activities Board plans evening activities for the student population. Activities include concerts, comedians, hypnotists, off-campus events, and other novelty acts.
- **Clubs and Organizations** There are currently 80 active clubs and organizations on campus representing academic and professional, cultural, and service areas.
- **Intercultural Life** Intercultural Life is dedicated to the appreciation and understanding of cultural differences. The office promotes educational, cultural, and social growth of the students by collaborating on campus wide events and activities with various departments of the University.
- **STARS** Students Trained as Role Models play an integral part of summer orientation by creating a friendly and helpful environment for new students and families.
- **SEAL** Students Emerging as Leaders is a leadership development program for first year students.
- **Rogalski Center** Rogalski Center has become a gathering place for our campus, serving as a place to get together for campus meetings, lectures and student activities, as well as community events. In regards to event management, we coordinate and assist with service requests, physical set ups and arrangements, and provide equipment and technical assistance as requested to meet program needs.

Mission and Vision

Student Activities offer students opportunities to engage the campus community outside of the classroom. Through involvement in activities, clubs and organizations, and leadership opportunities students build skills that will help them become a well-rounded Ambrosian. This involvement promotes a sense of community, self-worth, and self-confidence.

Assessment and Data:

During the 2015-16 academic year, 50 clubs reported 942 active members. That number represented 719 different individual students.

This year we added several new clubs:

- **LULAC—League of United Latin American Citizens**
- **NAfMEC—National Association for Music Educators—Collegiate**
- **WISE—Women in Science and Engineering**
Activities and Collaborations:

- **Midnight Breakfast**: Midnight Breakfast is a campus tradition held on the Tuesday evening of Finals week. In conjunction with Sodexo, Faculty and Staff help serve breakfast to students as a study break from finals.

- **Welcome Week**: Student Activities works with other various campus constituents to introduce first year students to the St. Ambrose community. Collaboration with academic support areas, Residence Life, new student seminar, and Campus Ministry are a few of the many departments involved with the week.

- **Destination: Leadership**: The one-day conference is held early in the spring semester and offers students opportunities to develop interpersonal and intrapersonal skills needed to foster leadership and social change/justice. Career Center, Residence Life, and Student Activities have been the catalyst for this conference.

- **Late Night @ SAU**: An initiative to provide students fun and healthy activities to participate in on Friday and Saturday nights, 10 p.m. or later. Late Night programs organized by Campus Recreation, Residence Life, Student Activities, Campus Activities Board (CAB), Clubs, or Organizations.

- **Multicultural House**: Located at 411 W. Locust Street, it opened Fall 2015 to serve as a campus-wide resource that facilitates and promotes a learning community of multicultural understanding and exchange through collaboration, dialogue, and action.

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**Who We Are:**

- **Jason Richter**
  Director of Student Engagement

- **Ramona Amos**
  Coordinator of Intercultural Life and Leadership Programs

- **Sophia Pierce**
  Rogalski Center Event Coordinator

- **Kristin Kincaide**
  Graduate Assistant Student Activities
Strategic Priority #1:
We will document the integration of holistic wellness into the campus culture monthly.

- BeeWell Committee identified focus areas and met monthly to oversee progress
- Wellness offerings focused on 5 areas identified by ACHA 2015 survey results
- Events by frequency in the areas of focus included: Stress [12], AOD [8], Campus Safety [2], Exercise [16], Financial [6], Nutrition [5], Sexual Health [2], plus 30 additional general events
- Spring ACHA survey included 800+ participants to provide sound feedback again
- Worked collaboratively with Kinesiology to advance Wellness Passport pilot study

year.

- Infused as a foundational component in August Joint Leadership Training [JOLT] presented by Bystander Intervention Group [BIG]
- Welcome Week “Take Two” presentation included BI norming themes
- Bystander Intervention Group students worked to advance “It’s On Us” campaign  Click here for video
- Supported Students Against Destructive Decisions [risk reduction] group with events during the year
- Supported SADD with summer leadership conference attendance
- April student training advertisement identified 8 new student leaders
- Committed staff member to attend August “Green Dot” training
**Strategic Priority #3:**
*We will identify true priorities and reduce service within each department this year.*

- Developed a reflective guide to overlay with departmental decision-making
- Centered weekly reflection more intentionally on what was important
- Identified department priorities and incorporated outcomes into Spring planning
- Intentionality incorporated consideration of whether action was within our ability
- Intentionally better aligned thinking and effort with institutional core values
- Intentionally made use of administrative support time

**Strategic Priority #4:**
*We will adapt priorities to support and further the new University strategic plan.*

- Identified the areas we could likely impact in the new strategic plan [Fall]
- Identified our core functions and core competencies needed to perform functions [Fall]
- Affirmed the division core competencies and discussed educational trends [Spring]
- Conducted a division S.W.O.T. Analysis [Spring]
- Formulated a draft division Mission Statement and Core Values Statement [Spring]
- Held a division planning session May 24-25 focused on support University plan [Spring]
- Focused on refining strategic questions and draft strategies and action steps [Summer]
- Will test draft with division stakeholders and finalize plan [Fall 16]
As an Ambrosian, I commit to join the life-long journey of self-exploration and community engagement built on integrity, respect, and justice.

Questions for Ambrosian reflection:

Who are you now and who can you become?

What do you believe are your gifts and what is your purpose for having these?

How will what you are doing now get you to where you want to be?

How do your actions demonstrate your values?

Think of a time you were uncomfortable and what you learned from that experience.

How do you actively enrich the lives of others?

Who are the people important in your life and how do they know that?

How are you different than when you arrived at St. Ambrose University?